

## 5. COUNTRY REPORT

### Pakistan

Government of Pakistan is highly grateful for the opportunity being provided to its personnel for specialized training being provided by Govt. of Japan, and arranged by JICA since last two years Govt. of Pakistan has started sending its participants for training courses on mental-retardation. Pakistan has four provinces,

- i. Punjab
- ii. Sind
- iii. NWFP
- iv. Baluchistan

Total number of institutions for all types of disabilities in Pakistan is approx. 200. Both govt. organizations and non-govt. organisations. Out of which 25 institutions are for mentally-retarded children. 7 in Punjab, 7 in Sind, 2 in NWFP, 1 in Baluchistan, and one in Islamabad. Their mode of management is either they under control of federal govt. Some of them are being run by provincial govt. some are non-govt-organizations (volunteer agencies). They are registered from social-welfare departments. Some of these institutions are as old as about 30 years. Priority to special education was given by govt. of Pakistan in 1981, and special education division was placed under federal ministry of health social welfare and special education division under directive from president of Pakistan. Gen. Muhammad Zia-Ul-Haq. since then all the institutions of Pakistan are being provided annual grant in-aid by federal ministry of health, social welfare and special education division, govt. of Pakistan. Rate of disability in Pakistan are:

1. Genetic
2. During pregnancy
3. During labour (as family instrumentation)

4. After delivery
5. High grade
6. Head injury
7. Dehydration
8. Organic causes as
  - a. Epilepsy
  - b. Brain tumour

Ratio of teacher-student in Pakistan is 1 : 10 i.e. one teacher is responsible for training of 10 students, some, where it is more than that, this aspect needs improvement, to provide better facilities to mentally retarded children.

- Government of Pakistan is planning in order to provide maximum facilities to the handicapped person, govt. is considering the possibility of opening institutions at district level one for each deformity i.e. four in one district.
- One percent quota has been fixed for disabled person for employment in govt. or non govt. organization, in order to rehabilitate them.
- Modernisation of techniques, in order to provide best possible services to the mentally retarded children.
- To equip all the institutions with latest teaching aid and other equipment in order to enable them to do maximum, on latest and scientific lines.
- Arrangements for inservice training of staff by arranging seminars and training courses.
- Now govt. of Pakistan also sends his personnel for skilled and specialized training abroad.
- Education through mass media for public awareness on radio and television, through news-papers. I am responsible for conducting monthly programme on radio for public awareness on mental-retardation and guidance for parents.

- ° Offering vocational assessment and programming.
- Line of action for treatment, training, education, rehabilitation of mentally-retarded children,
- i. Identifying the problem, and age, how it was noticed by parents
  - ii. Parents contact with family physician
  - iii. Referral to specialist-doctor
  - iv. Detailed history,
    - i- Medical
    - ii- Social
    - iii- Psychiatric / Psychological history
  - v. Investigations in laboratory
  - vi. Treatment of treatable causes  
Or at least of causes which can be controlled.  
Treatable causes like
    - i- Hypothyroidism
    - ii- Vitamin deficiency
    - iii- Haematoma / Brain tumour  
or epilepsy if diagnosed earlier and treated  
child can be prevented from further brain damage.
  - vii. Any behavioural problem, e.g. Hyperkinetic
  - viii. To look for physical disability (associated with mental retardation)
  - ix. Interview with parents
  - x. Interview with student (as much possible)
  - xi. Psychological assessment I.Q.
  - xii. Speech assessment and child's needs
  - xiii. Audiometry, electro-encephalograph or other specialized test required.
  - xiv. Physiotherapy treatment if advisable
  - xv. Admission to special school  
Before admission line of action for child's education, training is decided.

Along with all these procedures, treatment is administered continuously, if required or desired by parents.

Periodic progress is marked.

Regular medical check up is carried out, if the child has behavioural problem, behavioural modification is done. He is provided psychotherapeutic treatment.

Last but not least step is their rehabilitation, for that their vocational training is arranged, jobs are arranged for them when they are ready to go.

In fact the necessity for rehabilitation of disabled person is given due consideration at all levels, similarly govt. of Pakistan is taking keen interest for the welfare of handicapped children. My country is trying its best with the available resources to provide best possible service to handicapped.

Lot of equipment, teaching aids required to modernise the institutions. Staff training is needed equipment for vocational training of students is required. Courses for those concerned with training in advanced countries which are already being connected will be very beneficial if vacancies increased. They will go back to their countries and conduct inservice training for other staff members.

At the end on behalf of my govt. I am grateful to govt. of Japan, and JICA for providing me the opportunity to get training in their esteemed establishment.

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