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# INCEPTION REPORT

## 1. GENERAL INFORMATION

(1) Name of Country: Pakistan

(2) Area (sq.km): 770880 sq.km according to 2014 World Bank Report.

(3) Life expectancy: 66.44 years (2012)

(4) Infant mortality rate: 69 (2013)

(5) Maternal mortality rate: 260 deaths / 100,000 livebirths according to Pakistan Demographic Profile 2014.

(6) Literacy rate: 58% Pakistan youth aged 15 - 24 years (2010)  
79% males ; 61.5% females

(7) Population: 182.1 million (2013)

broken down by (a) district: Punjab - 73,621 \* 1000

Sindh - 30,440 \* 1000

NWFP - 17,744 \* 1000

Balochistan - 6,566 \* 1000

FATA - 3,176 \* 1000

Islamabad - 805 \* 1000

(b) age (10 years): 33.3%

Male: 33,595,949 / Female: 31,797,766

(c) income level (rich, middle, poor, poorest)

(8) Education System (Number of schools & students in each district)

<b>District</b>	<b>Schools/Institutions</b>	<b>Students/enrollments</b>
Islamabad	411	156941
Abbottabad	1872	178079
Jehlum	1018	165232
Karachi	3,609	567897
Lahore	1269	546346
Chakwal	1309	190668
Rahim Yar Khan	3551	497166
Gujranwala	2001	419264
Rawalpindi	2340	352551
Haripur	1233	145337
Layyah	1590	234680
Quetta	549	123564
Faisalabad	2515	705617
Mandi Bahauddin	984	193303
Toba Tek Singh	2398	406854
Attock	1363	217637
Ziarat	258	13819
Mianwali	1493	215203
Sailkot	2398	406854
Sheikhupura	1373	262801
Dera Ismail Khan	2022	290835
Bhakkar	1479	217229

(9) Health System (Number of hospitals in each district):

<b>District</b>	<b>Number of Hospitals(Public and</b>
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	<b>Private both)</b>
Islamabad Capital Territory	29
Peshawar	23
Abbottabad	1
Haripur	2
Lahore	14
Faisalabad	26
Saalkot	18
Rawalpindi	24
Bahawalpur	4
Gujranwala	16
Quetta	15
Karachi	76
Hyderabad	17
Multan	36

(10) Major Industry (Number of people working for each industry):

Cotton textile production and apparel manufacturing are Pakistan's largest industries, accounting for about 66% of the merchandise exports and almost 40% of the employed labour force.

(11) Unemployment rate: According to Pakistan Statistical Bureau Report (2014 - 2015) = 6%. (Total labour force = 59.74 million only.)

## **2. INTELLECTUAL DISABILITIES**

(1) Laws concerned with persons with Intellectual Disabilities:

- National Policy for persons with disabilities 2002.

- National Plan of Action to implement National Policy for persons with disabilities 2006.
- Pakistan Bait -ul- Mal Act 1992.
- The Mental Health Ordinance 2001.
- The National Plan of Action for Children (2006 - 2015).
- The National Education Policy 2009.

(2) Financial assistance for persons with Intellectual Disabilities:

- Financial Assistance from Bait -ul- Mal Charity organization and community.
- Exploration of local community resources.
- Micro - Credit Schemes (Banks and Community Saving groups).

(3) Services including CBR available for persons with Intellectual Disabilities:- Registration & assessment of PWID; Skill Development; Placement on skill training; Income generation opportunities for trained PWIDs; Coordination & helping in employment; Providing counselling & guidance to PWIDs and parents; Providing assistive devices to PWIDs with help of other organisations; Health services (arrange Medical camps, Medical Consultation and Physiotherapy) and Referral services.

(4) Number of services and those beneficiaries in each district (province): about 10 services and total beneficiaries equals to 200 / year.

### **3. OUTLINE OF YOUR ORGANIZATION**

#### **(1) Background, vision, strategy:**

The systemic care of persons with disabilities was brought into focus in Pakistan in the 1980's with the observance

of 1981 as the United Nations International Year of Disabled Persons. The need was then felt for their education, rehabilitation and care both by government and by the private sector, therefore a full - fledged Directorate General of Special Education (DGSE) came into existence in 1981. Recent years have witnessed emergence of International movements for the empowerment of Persons with Disabilities through a number of International conventions and agreements, which make Government of Pakistan a partner in the global movement for the betterment of this segment of society.

After the establishment of DGSE, 127 Special Education Centres / Institutions across the country were established. As an initial step, the DGSE formulated a draft National Policy for Special Education in 1985 and revised it in 1988 to bring it in line with the emerging needs of target population in the era of Decade of Disabled (1983 - 92). The ever first “National Policy for Persons with Disabilities, 2002” was formulated, to ensure the practical and visible provision of services, and rights to Persons with Disabilities, by the DGSE which was approved by the Govt. of Pakistan on 23<sup>rd</sup> October, 2002. In the light of objectives envisaged in policy a National Plan of Action was prepared in collaboration with the line Ministries / Divisions / Provincial / District Government to set out the activities / implementation resting with respective agencies for playing their specified role under their areas of Jurisdiction.

In pursuance of 18<sup>th</sup> constitutional amendment, the Special Education Centres / Institutions located at different provinces, AJK and Gilgit Baltistan have been devolved to the respective Provincial Governments. The DGSE has been renamed and its functioning under the administrative control of Ministry of Capital Administration & Development, Govt of Pakistan. Twenty four (24) Centres / Institutions of Special Education & Social Welfare located at Islamabad Capital Territory are working under Ministry of Capital Administration & Development.

**Vision:** To provide enabling environment and opportunities through policies, plans, programs and projects that would promote social progress, educate and rehabilitate children / persons with disabilities and vulnerable groups of the society.

**Mission:** Optimal development of persons with disabilities for realization of their full potential in all walks of life, especially in the areas of health, education, social, economic and vocational needs for fulfillment of their present as well as future requirements.

**(2) Major Programs:**

- National Special Education Centre for Mentally Retarded Children (NSEC for MRC).
- National Special Education Centre for Physically Handicapped Children (NSEC for PHC).
- National Special Education Centre for Visually Handicapped Children (NSEC for VHC).

- National Special Education Centre for Hearing Impaired Children (NSEC for HIC).
- National Training Centre for Special Persons (NTCSP).
- National Library and Resource Centre (NLRC).
- National Mobility Centre (NMC).
- National Institute of Special Education (NISE).
- Vocational Rehabilitation and Employment of Disabled Persons (VREDP).

### **Covered Areas:**

- Assessment, diagnostic and referral services.
- Academic / educational and vocational trainings (Primary, Secondary, Higher Secondary level).
- In - service training of professionals in the field of special education.
- Specialized hearing assessment, speech therapy, physiotherapy & occupational therapy.
- Braille and mobility training.
- Pre - vocational & vocational training.
- Curriculum development.
- Model Library facilities.
- Promoting sports and recreational activities.
- Capacity building through human resource management.
- Provision of Braille Books.
- Provision of free pick & drop facility to the students.
- Holding of seminars, workshops, conferences and awareness campaigns.
- Parents counselling & guidance.



**Number of Beneficiaries:** approximately 2000 PWDs and their families (NSEC HIC :- 500; NSEC MRC :- 200; NSEC VHC :-200; NSEC PHC :- 400; NTCSP :- 110; NL&RC :- 5; VREDP :-200; NISE :- 200).

### **(3) Your Position and duty:**

**Position** - Medical Officer (BPS - 17)

**Duties** -

- To extend services to all Special Education Centres in Division including Federal Government Special Education Centres, Provisional Government Special Education Centres, Non - Government Organisations (NGOs).
- Responsible for diagnosis and assessment of Disabilities.
- To conduct monthly follow up of each student regarding maintenance of General Health & Disability treatment and prognosis.
- To organize a Basic Health Unit (BHU) for provision of medical services to disabled students.
- To conduct periodic check up of personal hygiene and to advise teacher and parents about it.
- To assess and diagnose Nutritional Deficiencies in disabled children and treatment accordingly.
- To provide Advisory services to parents of disabled children.
- To supervise Rehabilitation of disabled children as advised by the Specialists.

- To recommend disabled child for provision and utilization of Zakat fund.
- To counsel parents regarding disability care measures and marital counselling to prevent disabilities in future (Genetic disorders).
- To deliver lectures and demonstrations on matters related to general health and disability care in centres.
- To collect and complete data on Statistical basis about causes, types, Prevalence and Prognosis of disability.
- To recommend disabled persons in Government services against 1 - 2% quota allocated to them.

**4. COMMUNITY DEVELOPMENT PROGRAM WHICH INCLUDE INTELLECTUALLY DISABILITY ISSUES AS ONE OF THE ACTIVITIES. (IF YOU KNOW ANY)**

Vocational Rehabilitation and Employment of Disabled Persons (VREDP) with the help of Community at their doorstep along with all stakeholders (PWDs / CWDs; parents; skill master; volunteers; supervisor; NGOs and inline departments) is responsible for :

- Registration of ID persons in district.
- Pre - Vocational training to ID persons (e.g. envelope making by utilizing news paper, packing work etc.)
- Job placement on self employment basis (e.g. chicken farming at home for layering; packing work in small industrial estates etc.)

**5. SITUATION OF PERSONS WITH INTELLECTUAL DISABILITIES:**

**(1) Diagnosis (Professional responsible for diagnosis) -**

A multidisciplinary team of Doctors, teachers, Speech therapists, Physiotherapists, Occupational therapists, Social Case Workers.

**(2) Education (Special Education and / or Integrated Education)**

-Special Education teachers.

**(3) Vocational training and Job Opportunity -**

National Training Centre for Special Persons providing services for training, rehabilitation and job placement to the persons with disabilities. 110+ special trainees had been rehabilitated since 1986 till date in different government / semi government / NGOs.

**(4) Support Organisations**

**(a) governmental agencies -**

- Special Education Centres for Mentally Retarded Persons.
- National Institute of Rehabilitation Medicine (NIRM).
- Vocational Rehabilitation & Employment of Disabled Persons (VREDP).
- National Training Centre for Special Persons (NTCSP).
- National Library and Resource Centre (NLRC).
- National Institute of Special Education (NISE).
- National Council for Rehabilitation of the Disabled Persons (NCRDP).
- Pakistan Bait -ul- Mal.

**(b) number of NGOs concerned with Persons with Intellectual disabilities -**

- Ummed -e- Noor
- Ummah Trust

**6. BASED ON THE INFORMATION ABOVE, WHAT ARE THE ISSUES TO SOLVE TO CONDUCT EFFECTIVE SUPPORTS FOR PERSONS WITH INTELLECTUAL DISABILITIES?**

1. Determining the extent of disabilities and distribution of causes.
2. Improving prevention of injuries, deficiencies, diseases and other factors known to cause disabilities.
3. Mobilizing early detection and intervention.
4. Escalating the medical rehabilitation services.
5. Strengthening of Special Education for children with severe and moderately severe disabilities.
6. Promoting Inclusive Education for children with Special Education Needs (SEN).
7. Access to information and communication, including Information, Communication and Assistive Technology.
8. Expanding and reinforcing vocational training, employment (including self employment) and economic rehabilitation.
9. Poverty alleviation through capacity building, social security and sustainable livelihood programmes.
10. Legislative support for PWDs.

11. Creation of Barrier - free physical environment.
12. Raising public acceptance and improving social integration and environment.
13. Sports for PWDs.
14. Boosting capacity for production and supply of prosthetics, orthotic and assistive aids and other supporting items and facilitation in duty free imports.
15. Increasing support to the NGOs for Service Delivery in Rural Areas.
16. Women with disabilities.
17. Linkages at Federal, Provincial and District level.