

THE GROUP TRAINING COURSE ON MENTAL RETARDATION FINAL REPORT.

6- I99I--I2--I99I.

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COURSE CONTENTS .

1. JAPANESE LANGUAGE (INTENSIVE)
2. THEORY
3. PRACTICUM

I. THE INTENSIVE JAPANESE LANGUAGE COURSE.

The intensive Japanese language course which is a prelude to the actual course was really very vital for my training. It gave a chance to communicate with not only members of staff but Mentally Retarded People. The course also enabled me to also understand the culture of the Japanese people. The language is also the corner stone of the practical part of the training program.

2. LECTURES ON MENTAL RETARDATION IN THEORY.

According to aims and objectives of the training course I feel that the relevant topics were covered because during my practicals I very little problems in making reference to the Lectures that we had covered during our theory training. The topics covered a cross section of subjects but interrelated as they covered a wide range areas involved in the care of the mentally retarded.

The lectures also included latest programs like Portage programme which I first came to know through the lectures. The question and answer sessions were also very helpful as they were answering any doubt in theory and practical aspect.

The use of simple audio visuals in teaching the topics made it easier for me to understand the topics.

The provision of Interpreters also me a chance to fully understand what was being taught .

Simplified text books were used and these texts included latest information since they are revised from time to time.

Some lecturers included observation and instructions at the same time and this was achieved through the study tours.

3. PRACTICUM.

The observation and practicum was very educative because it involved a wide range of observations and practicals in different places but across the country.

By dividing the practicum into two i.e The General practicum and The Specific practicum , this allowed every participant to see a cross section of facilities generally and then chose specifically what he/she was going to study in details according to his profession.

CONCLUSION.

During my period of study I*relevantly learnt a lot about the welfare care of the Mentally Retarded in Japan .And the care ranging from medical to social welfare.

I also admirably learnt that in Japan the care of the mentally handicapped covers all grades handicapes and receive the same care .

The community based care also has also completed the rehabilitation. Whith full omphasis on training than treating the mentally handicaped

I observed whith intrerest wide range of faccilities put up in the the community so as to archieve the so much important goal of the normalisation principle.

As I go back to my country my task to and propose toall the releovant authourities on the shifting of the care of the mentally handicaped from the psychiatric facciliities as the case is at present and indeed to go and share the knowledge I have learnt during my training.