

# *Action Plan*

## INTELLECTUAL DISABILITIES

*Submitted by:*

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## **NEEDS FOR INTELLECTUAL DISABLED PERSONS**

1. Education of Intellectual disabled persons.
2. Integrated Medical facilities for Intellectual disabled persons both physical and mental.
3. Rehabilitation facilities for Intellectual disabled persons.
4. Change of attitude of community people about Intellectual disabled persons.
5. Self-advocacy.

### **Workable Need:**

Integrated medical facilities for Intellectual disabled persons both physical and mental as pilot project.

### **Need Assessment Procedure:**

1. To make a committee with the professionals, teachers, volunteers and parents.
2. To visit Intellectual Disabled Schools in the capital city of our country and screening them physically and mentally to find out their ailments.

### **Philosophy to Support Need:**

1. Medical services one of the basic need and right of human beings. So for Intellectual disabled persons this is very much needful because they are deprived and under prevalence group.
2. According to WHO: health means physical, mental, social and spiritual wellbeing, not merely the absence of disease or infirmity. So for Intellectual disabled persons their physical and mental wellbeing are must.
3. How to deal with Intellectual disabled persons.
4. Transfer of these activities to other places.
5. Research work.

### **Objectives / Goals:**

General: Improving health condition of Intellectual disabled persons.

- Specific:
1. Physical and mental check-up of Intellectual disabled persons.
  2. Treatment given to Intellectual disabled people.

### **Method:**

1. Institutional Project.
2. Empowering of Professionals, Parents, Teachers and Social workers.

## **Resources:**

1. Budget: Donation, Subscription, Zakat (Religious ritual yearly donation of Muslim rich people), Government subsidy etc.
2. Manpower: Doctors (especially Psychiatrist, Paediatrician, Neurologist), Psychologists, Social workers, Parents, Volunteers, Religious Leaders etc.
3. Equipment: Use the existing facilities of hospital where I am working, after taking consent from the authority.
4. Location: Initially connection to the hospital after taking permission from the authority.

## **Activities:**

1. To train Doctors, Psychologists and Nurses.
2. To train Parents and family members how to deal with Intellectual disabled persons.
3. To create public awareness regarding the change of attitude about Intellectual disabled persons.
4. To transfer similar activities into another places.
5. To do research work.

## **Evaluation:**

In a year 100% Intellectual disabled persons are to be screened and treated from Intellectual disabled schools of Capital City. To achieve this goal, quarterly progress meeting of committee will be held and also physical and financial statements are to be prepared.

## **Conclusion / Recommendation:**

A management information system will be established based on monitoring and evaluation manuals for component implementation.