

Pre-project
COMMUNITY - BASE - REHABILITATION
WORKSHOP BY PEOPLE WITH MENTAL
DISABILITY

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ANTECEDENTS:

Here is only a previous project, the definitive project will be development with the people (communitary leaders) who are interested directly in this project. The antecedents about Ecuador are in Country Report, so here will be explained about the reason of the project. The actual crisis in the world, the same that is affecting Ecuador, in this case exaggerate by internal economical, political and social crisis. For these reasons is very difficult to ask to the government for developing programs by minors of population (people with disabilities, 15%), more than if the most of the population don't have services. However the community and the society can do and have to do something. Now I propose a Community Based Rehabilitation (CBR) project, because it involve all the community and the support by people with disabilities can be kept in the time. Other reason is the necessity to increase jobs opportunities by people with intellectual disabilities through NGO's. Ecuador is a country in which the community is important, so it is possible to be profited from. The actual moment is the better to development CBR projects, because the community needs alternatives and it is disposed to do effort in order to give qualify of live to their member, including Intellectual Disabled (ID) people.

PHILOSOPHY:

The social-labor integration of disabled people should be pursued in CBR projects through the promotion of those persons active participation in the mainstream of community life. People with disabilities should be accorded full freedom of movement to interact with other community members. People with disabilities should be given the opportunity to participate in recreational, cultural, religious and other

community activities, which one enacting their self-development and abilities. The support services required by disabled persons can come not only from friends and family, neighbors and community workers but also from others disabled people who have the same conditions, so SELF ADVOCACY could be development too. The formation of parents group for self-help and mutual support can also be encouraged. Of course community leaders have to be participants. In CBR projects must be considered public sector and their services (public health services, education, employment, welfare, etc.). All activities must be done according human rights and Philosophies Principle for people with disabilities (Normalization, Inclusion, Sectorization, Difference).

GENERAL OBJECTIVES:

1. Contribute to local community by offering work places to people with disabilities through CBR project.
2. To support people with disabilities so they can have a better quality of life in the society.
3. To create work places where both, workers with disability and workers without disability from the community can work side by side happily and efficiently and to aim at the community and the country improvement.

SPECIAL OBJECTIVES:

1. To collect information about situation of the people with in the community.
2. To find community leaders with whom to stabilize the goals of the community.
3. To organize an action plan with community leaders, and look for resources.

4. To implement a workshop according with the necessities of near community. To develop a training program to people who support people with disability in CBR project, it could include volunteers.
5. To follow up the process and to make adaptations if it is necessary.
6. To know if CBR project is a good way to give better opportunities to people with disabilities.

METHOD:

It is an CBR project, so it will consider all guides for CBR project. It could be implemented in rural area or in the city in which live people with disabilities. The methodology have to be active- participative. The roll of the staff in front of communitary leaders is to force the analyze to consider all possibilities. This project will be proved for two years, like a pilot project, it can be modificaded and evaluated during the process in order to improve it, after that other CBR project could start in another community.

The workshop could give job to 20 people with and without disability. The subject of the workshop will be according the needs of the community. For that could be useful to do a research into the community. The coordinator will be responsible to administer the workshop, he or she should be selected by the committee. The committee is comformed by communitary leader, representative of parents, representative of people with disability, representatives of government agencies and non governmental organizations concerned with disability. The coordinator serve as trainer, educator, motivate and counselor for the community- level workers involved in the project must be considered. A close knowledge and sympathetic understanding of the needs and rights of people with disabilities would be essential

qualifications of the person selected to carry out these functions.

The local CBR committee should make up a local action plan. It have to contain priority objectives to give opportunities social and labor integration to people with disabilities in short and long time. The objectives must be agreed with overall national disability program goals and specific community needs. The method and activities must be expressed in detail, so it will be easily evaluated. The resources can be spent only in the CBR project, according the budged. The financial counts will be made carefully and with all of the respective invoicing. The last one is the evaluation. It must be considered on different point of view, maybe an external auditory like part of evaluation could be useful.

ACTIVITIES:

- ñ Visits: homes, school, church, community home, sport center, nursery, health center, open places.
- ñ Interviews: parents, disabled people, communitay leaders.
- ñ Meetings.
- ñ Implementations of projects.
- ñ Training.
- ñ Following up. On going monitory.
- ñ Evaluation.

RESOURCES:

The resources and the costs will depend on the project and them will be defined when the meetings take decisions, but the following could be considered:

- Human Resources: -1 coordinator
 - 2 staffs (1 welfare worker, 1 technician on disabilities)

- Technical: - 2 computers
 - machinery
 - books

- Logistic: - office
 - telephone
 - office material
 - photocopies
 - mobilization
 - others

EVALUATION:

To put special attention in the evaluation. If it is appropriate, according the goals or needs of the community. If it is efficient, doing in the time and all of activities were achieved. If it is effective, the money was spent according to the plan. To do relation between cost and benefit, maybe from outside auditory. And the impact, how many people were affected by the project.