

# ACTION PLAN

- Mainstreaming of Intellectual Disability Issues in Tororo District CBR Main Plan Fiscal Year 2009-2010

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# The Location of Tororo District



# Back ground

- Tororo district is located in Eastern Uganda. It borders the district of Butaleja to the North, Busia to the south, Bugiri and Iganga to the west, Mbale to the Northeast and republic of Kenya to the East.
- The running Community Based Rehabilitation Programme covers all the fifteen rural sub counties, two divisions and the two town councils, about 1,150 Sq.Km with total population of 427,165 out of which 225,458 are Children (considering the national percentage of 56% and 2002 Census) There are 219,111 females and 208,054 in the total District population

# Back ground Cont...

- According to the Uganda Population and Housing Census Report (2002) at least 4 out of every 25 persons in Uganda is with a disability. It was also indicated that the prevalence rate was higher than 1.1% obtained in the 1991 Census.
- The prevalence rate increase with age where among children below 18 years was 2% and 18% among the older persons.

# Back ground cont...

- There are 9,041 PWDs of which 6969 PWDs are assessed for various interventions.
- There is no identical data on PWIDs. However, the category includes mental retardation, slow learners, children affected with epilepsy, cerebral palsy, autism, down syndrome asparagus syndrome.
- The detection is mainly achieved during home based care interventions, school visits and during medical treatment.

***Tororo District Population Summary of Persons with disabilities 2006***

Sub-county	See	H	S	M	L	Fits	SB	LSF	Others	Male	Female	Total
EASTERN DIVISION	12	10	14	26	16	9	10	2	1	49	51	100
WESTERN DIVISION	16	9	8	41	4	8	6	0	2	52	42	94
IYOLWA	91	78	58	201	25	43	52	23	44	301	314	615
KIREWA	58	44	29	200	1	7	32	44	3	234	184	418
KISOKO	16	6	12	54	6	20	8	0	8	75	55	130
KWAPA	22	39	35	165	5	58	18	4	5	237	114	351
MELLA	27	14	16	125	8	16	9	14	10	140	99	239
MERIKIT	137	95	43	162	19	31	9	17	52	321	244	565
MOLO	154	74	54	141	10	13	9	15	43	328	185	513

MUKUJU	72	92	48	218	6	61	32	26	12	305	262	567
MULANDA	43	26	17	57	4	13	6	6	15	84	103	187
NABUYO GA	84	59	56	252	3	35	31	17	14	330	221	551
NAGONG ERA	114	107	65	279	48	36	52	13	39	438	315	753
OSUKUR U	56	43	39	160	24	59	26	9	11	192	235	427
PAYA	73	54	36	234	21	37	30	26	24	227	308	535
PETTA	38	26	33	73	5	16	14	0	14	134	85	219
RUBONGI	97	114	49	288	7	65	26	24	35	429	276	705
<b>Total</b>	<b>1,110</b>	<b>890</b>	<b>612</b>	<b>2,676</b>	<b>212</b>	<b>527</b>	<b>370</b>	<b>240</b>	<b>332</b>	<b>4,539</b>	<b>2,430</b>	<b>6969</b>

**H-Hearing**  
**S-Speech**  
**M-Movement**  
**SB-Strange Behavior**

**LSF-Loss of Skin Feeling**  
**MD- Multiple Difficulties/Disabilities**  
**L-Learning**

# What CBR is to achieve

- Positive attitudes and acceptance of PWDs in community.
- Development of Management Information System for disability issues
- Increase in household income amongst PWDs
- Reduction in intensity of disability in the community
- Protection of the rights of PWDs to live a fulfilled life.
- Participation of PWDs in development Programmes.



# Activities in CBR

- Identification and assessment of PWDs/CWDs and referrals
- Home based interventions, training in hygiene, referrals, counseling, and activities of daily living for People with Disability with focus on children.
- Capacity building for effective management of disabilities
- Production and supply of local and high devices for PWDs.
- Surgical operations and treatment of PWDs especially epilepsy
- Awareness raising
- Educational and Vocational Support to PWDs

# Weakness/Challenges

- Negative attitude towards PWIDs
- No proper data on the prevalence of PWIDs
- Limited Institutional capacity to handle PWIDs in schools, work place and homes.
- Rigid education curriculum not suitable to the education needs of children with learning disabilities.
- Limited knowledge on issues of PWIDs limits local contributions to meet the needs of PWIDs.
- Limited participation of PWIDs in CBR/other dev't Programmes.
- Low budgetary allocation to the needs of PWDs and PWIDs in particular especially amongst NGOs.
- Limited learning materials in schools and Personnel
- Lack of a rehabilitation Centre for skills development
- Limited job opportunities for PWDs

# Activities Cont....

- Development of user-friendly infrastructures for CWDs in Schools.
- Community sensitization and education on disability issues.( raise public awareness-Media, Meetings and workshops)
- Formations and support of DPOs, PWDs Cultural Groups.
- Support to Income Generating Activities (IGAs) for PWDs and their families
- Training of parents/caregivers in making and using Simple local devices

**LONG TERM GOAL: To achieve Inclusion of PWIDs in the main streams of  
Community Development using the CBR approach that builds on local  
available resources**

No	Objective/Short term Objective	Activity/Strategy	Input/Resources needed	Time Frame			Output/Result Indicators	Res. person	Budget
				Aug-Sept 08	Oct-Nov 08	Dec 08-Jan 09			
1	Build local resource personnel to mainstream the ID issues in community Development	Conduct 1 day Training on mainstreaming of ID in Community activities	Money, Flip-charts, markers, meals, individual Writing materials, CDOs	X			-17 CDOs trained -Sub county CBR plans/budgets include PWIDs -No. of PWIDs benefiting from CBR per Sub county	SCDO E&D, DCDO, CAO	940,000/= (USD 569.7)
		Carry out 2 Day training for CBR Workers/CBR Volunteers to carry out identification of PWIDs	As above	X			-72 CBR Volunteers Trained - No. of PWIDs benefiting from CBR at community level	As above	2,700,000/= (USD 1,636.3)

# Plan Cont...

2	Raise awareness on the PWIDs in the District	Collect Quantitative data on PWIDs in the District	Funds, Personnel, Writing materials, Fuel, Vehicle/Motorcycles	X	X		-Data on PWIDs in the District in place	SCDO-E/D CDOs and CBR Volunteers	4,115,000/= (USD 2,494)
		Conduct meeting with the Sub county leaders on the Population situation of PWDs in their areas	As above	X	X		-forward to the District Agreed Actions on the PWIDs situation in the sub counties	CAO, DCDO, Senior Assistant Secretaries	940,000/= (USD 569.7)
		Conduct meetings with District Steering Committee to discuss the quantitative results and report from sub county meeting	As above		X		Come up with agreed actions on the inclusion of PWIDs in the on going CBR activities	CAO/ SCDO-E/D	1,350,000/= (USD-818.1)
		Conduct meeting with Lead NGO leaders in the District on PWIDs	As above		X		-Target 34 NGOs -Map out NGOs serving PWIDs -No. of NGOs mainstreaming PWIDs issues in their activities -Raise local support for PWIDs from NGOs	As above	880,000/= (USD533.3)
		Conduct Radio talk shows on the ID in community development	Funds, Radio Station, presenters, Recording CDs			X	-3 Radio programmes -3 Records of Radio Talk Shows	Plan Tororo, TOCINET SCDO-E/D	700,000/= (USD424.2)

3	Develop 1-2 viable projects to address priority needs of PWIDs under the CBR Programme	Conduct 3 day Participatory Learning Action/Participatory Rural Appraisal for PWIDs in 1-2 sub counties	Funds, Personnel, Writing materials, Fuel , Vehicle/Motorcycles			X	-200 Participants (focus at least 50 PWIDs 10 Parents and 50 other community persons) Report on the Needs of PWIDs	SCDO-E/D, CDOs, CBR Volunteers and Community	1,200,000/= (USD727.3)
		Joint Monitoring by the National CBR Coordinator, District leaders and DPO Leaders	Funds, stationery, venue	x	x	x	-Efficient and Effective implementation of the Action plan(Correct target, organization and time...)	National CBR Coordinator, CAO, DPO leaders, District Chair person and members of CBR Committee	1,810,000/= (USD 1,097 )
		Present Report to the District CBR Committee for recommendation to Council	Funds , Meals, stationery , venue			x	Draft Project plan goes to Council Committee	SCDO-E/D	675,000/= (USD 409.1 )

		Presentation of Recommended Project plan to Sectoral Committee of Gender and Social Services	As above			x	Draft Project plan goes to Full Council	DCDO	340,000/= (USD207)
		Present Report for Action by the District Council	As above			x	Proposed Project Plan endorsed by District for implementation	Secretary Gender and Community Services	-
		Produce Final Project document for implementation in FY 2009/2010	Funds and Stationery			x	Final Project Proposal plan produced and districted to Ministry of Gender, Finance and all lead stakeholders.	SCDOs and DCD O	150,000/= (USD 91)
			Report to JICA Including proposed Project for PWID				Funds and stationery	SCDO – E/D	50,000/= (USD 30.3)
<b>Total Budget</b>									<b>18,435,000=</b> <b>(USD11,172.7)</b>

# Related Issues

- **Funding:** Will be through the main CBR Programme and using the existing Structures.
- **Implementation Strategy:** will include Multi-Sectoral approach, local fundraising from NGOs and Lower Government Structures, use of locally available resources in communities, Involvement of DPOs leaders and Mainstreaming of the plan in the District General CBR plan.
- **Assumption:** Funds available on time



# Issues...

- **Way forward on the Assumption:** may be addressed by priority setting to focus on this plan within the main CBR Plan.
- **Most Limiting factor:** for the activities in the Community is lack of vehicle to travel across the District. The CBR funds available can only maintain but not purchase like a double carbine pick up truck of about 65,000,000/= (USD39,394).
- **Current Way forward:** Use of Bicycles and hired Small motorcycles in the community which limit coverage and need more time.
- **Evaluation:** will be conducted when the proposed project for PWIDs is implemented late 2010.

Arigato gozaimasu-Japan

MWebale nyo in Luganda-Uganda

Asanteni Sana in Swahili-East Africa