

Moving Towards Inclusion for Independent Living of PWIDs

By

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Background

Nepal has been divided into 75 districts, 14 zones, 3 geographical regions and five development regions for effective administration, balanced, equally and proportionate development. Lalitpur district is one of the district of central regions among 19 districts which falls on Bagmati zones. It is also one of the district of Kathmandu valley which has covered 149 sq. kilometres of the land . Patan is its headquarter of the district which has decorated with many monuments, temples, pagodas artistically. This district has been also divided into 41 villages and a submetropolitan city. According to the census of 2011, 466,784 population has been living in this district. The main occupation of the people is farming and milking

Situation of Persons with Disabilities as a whole and PWIDs in particular:

According to the sample survey done by Patan CBR in collaboration with district development office, more than 1800 PWDs have found in this district. Even still, their families take them as pity object and keep them inside the home because of social stigma and social security. After the death of parents, they have to spend more merciful life. It is because the parents don't transfer the property to them thinking that they can't give any security of the property. Similarly, parents don't transfer the farming skill to them as well. On the other hand, many PWIDs are out of education though there is a school for PWIDs. The reasons behind that the community people including parents have thoughts that the education can't bring any change in their lives. That's why, PWDs especially the PWIDs in this area hasn't got any opportunity to enjoy minimum human rights. So it is necessary to mobilize the community to bring change in the lives of PWIDs.

- **Project period**

- 2 years.

- **Objectives**

- **General objectives**

- To create an inclusive environment for independent living of PWIDs

- **Short term objectives**

- 80 percent of the children with mild ID will be enrolled at schools for inclusive education;
- The PWIDs will get job opportunity in the farms and sheds nearby the walking distance

Target Area & Population & Group

- **Target area and population**

The target area is four villages i.e Gotikhel, Manikhel, Bukhel and Chandanpur with the population of 6,070

- **Target group**

The persons with intellectual disabilities (PWIDs) focusing on children with ID and indirectly their family and community



Strategies and activities

- **Strategy 1. Baseline:**
 - Collect data from NGOs, CBR programme, DPOs and so on.
 - Using social map to identify the PWIDs;
 - Relationship diagram and daily schedule to find their real situation;
- **Strategy 2. Community mobilization to promote understanding towards the needs of PWIDs:**
 - Call for the gatherings in each villages where the members of the households will invite and discuss the rights and possibilities of PWIDs;
 - Demonstrate the pictures of exposure visits and telling them the story about the success cases in other places of the country;
 - Facilitate them to choose community members including the leaders for formulating the community group to work for the PWIDs;

Strategies and activities (Cont')

- **Strategy 3. Collaboration and coordination with different agencies:**
 - Communicate with village development committees to get budget and other supports;
 - Coordinate with district development committees to mobilise their staff and resources in the particular villages;
 - Coordinate with women and development office to give the disability identity cards;
 - Collaboration with education department and school for the education of children with ID;
 - Collaborations with others CBR organizations, workers and disabled people organizations to provide human resources and other information's as well.

Strategies and activities (Cont')

- **Strategy 4. education opportunity:**
 - Provide intensive training to a Government teacher in the city for two months;
 - Provide short term training to two more teachers in collaboration with education department;
 - Prepare two special class for children with ID in the same school;
 - Renovate the building especially the classroom for the PWIDs children;
 - Provide training to the mothers, sisters or sister-in-laws about how to follow the schedule to train the profound children with ID

Strategies and activities (Cont')

- **Strategy 5. Employment promotion:**
 - Provide training on farming focusing on vegetable growing and selling;
 - Provide training how to look after the cows, goats and buffaloes;
 - Establish a day care farms for the regular training of PWIDs;
 - Create job opportunity in the rich farmers home;

Budget (Resource)

- Purchasing materials for gathering and meetings: 5000 in each village--20 thousands
- Higher lands; 20 thousands per year.
- Purchasing seeds and some other farming materials: 20 thousands;
- Payment for the trainers in day care farms: 40,000 .
- Maintenance the class for special education: 20,000 year;
- Total- rs. 1,20,000 (U.S dollars 1200)

Killer assumption

- If there are budget constraints,
- If political situation will not be in people's favor,
- **If regular volunteers will be not available.**

Overcome or Solution

- The project should be launched next year with the direct Government fund;
- The community members could be worked themselves in the absence of volunteers

Monitoring

- monitoring by the community members once in two months;
- Monitoring by the village development committee after each activities;
- Monitoring by the parents regularly;

Documentation

- The secretary of each community group will be appointed for documentation. So he/she will have to prepare reports. Then they will have to submit to me and to each village development committees' office after the financial year.

Evaluation

- The progress of the set objectives will have been evaluated in the final of the project period.
- The responsible person for the evaluation is the officer of department of women and children (Neera Adhikari) in collaboration with village and district offices.
 - **Indicators of Evaluation**
 - The community group has been formulated in each villages.
 - The children with ID have been admitted in regular schools.
 - The day care farming has been established.
 - The severe PWIDs have been employed in the farms.

Reliability

- This project will be the model for others villagers. After succession of the project, it will be spread out in other villages to improve the living status of PWIDs.

Sustainability

- When the community people understand the needs of PWIDs, they are never treated them negatively. Similarly, the community group will take it as their responsibilities to sustain the project. So far as, the village development committee always support them in budgetary parts.

THANK YOU