

ACTION PLAN

PARENTS GROUP

Entre nos... (between Us)

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Colombia

BACK GROUND

El Comité de Rehabilitación promotes and implements rehabilitation services for people with disabilities. We develop, administer, and promote rehabilitation programs and trainings in order to help people with disabilities achieve their social, family, educational, and employment goals.

Mission:



El Comité de Rehabilitación is a social enterprise committed to the improvement of life of people with disabilities. We help them to develop their independence, autonomy and participation.

Vision:

El Comité de Rehabilitación will built a more inclusive society, by working with people with disabilities, their families, strategic partners, social actors and other stakeholders.

Habilitation Program:

- **Support for Educational Inclusion:** PWID who access a multidisciplinary evaluation. They are assigned to groups according to their abilities and skills. They receive support from psychology, special education and social worker. They attend from Monday to Friday, 4 hours a day, on the opposite time to which they attend school. 100 users

- **Support for Social and Family Inclusion:** People with severe disabilities, who are not integrated into the school, receive support from Language Therapy, Occupational Therapy, Special Education, Psychology and Social Work. They are assigned to groups according to their abilities and skills. It is aimed at achieving the highest level of independence and participation, according to their interests and life cycle. They attend from Tuesday to Thursday, 4 hours a day. 150 users.

Habilitation Program:

- **Support for Occupational and Labor Inclusion:** PWD receive training in sheltered workshops where they work, crafts, music, photography, sewing and costume jewelry. They attend from Monday to Friday, 4 hours a day. 50 users.

Users are under protection measure, through the Family Welfare Institute.

All the programs have the support of reeducation pedagogue, social worker and nutritionist. In addition, users attend art, music and sports activities.

- As external support, actions have been taken with the National Learning Service (SENA), to provide certified training in different areas: as hotel cleaning .

- The population served is mostly PWID, belong to the strata 1 and 2. Mainly Families have difficulties to generate income that allow access to public services like water, electricity and gas, food, education and employment.
- The families of our users are in many cases single-parent, usually the mother is head of the family, some times they work per days in cleaning activities, kitchen and general trades.
- In cases where both parents work, the users are usually in charge of another family member, such as grandparents .

- Public education: basic primary and secondary are free, but parents must pay for school materials and transportation.
- El Comité de Rehabilitación through the social fund, assigns subsidies for transportation, in order to guarantee access to the rehabilitation service.

Those are some of the reasons because is understandable how families cannot always meet basic needs and parents are solving situations that limit their participation in user processes.



Situational analysis

Strength



- Parents who know the needs of their children.
- PWID who are already included in habilitation and rehabilitation programs.
- PWID have had access to training and job training programs.
- PWID regular schools, where they socialize with others.
- Some participate in sports and recreational activities.

Situational analysis



Weakness

- Low income.
- Unemployment
- Parents need training for employment and entrepreneurship.
- Lack of time to follow at home the recommendations.
- Low levels of participation in the community.
- Parents with downtime due to waiting time in therapies.
- Low levels of participation in activities of the institution

OPPORTUNITY



- Improve the quality of accompaniment for people with disabilities in the home.
- Active participation in the spaces offered by the city for the integration of people with disabilities.
- Strengthen parents as rehabilitative agents within their community.

OPPORTUNITY



- Promote associated work between parents and people with disabilities.
 - Create family businesses, for example: homemade shop, making snacks, sewing shop.
- Improve permanence in the education system.
- Achieve greater levels of independence and autonomy

THREAT

- Low motivation of parents to work in the process.
- Lack of job opportunities for people with physical and intellectual disabilities.

Entre Nos... Between us



Long Term Objective

By year 2038 we will have an inclusive society and people with intellectual disabilities will be an active part of it.

Short Term Objective

By year 2021 the group of parents will be formed and carrying out activities that allow them to support the process of rehabilitation of their children and find possibilities to improve their income from the community level.

Target Area

Habilitation Unit of El Comité de Rehabilitación.
Medellín- Colombia

Target Population

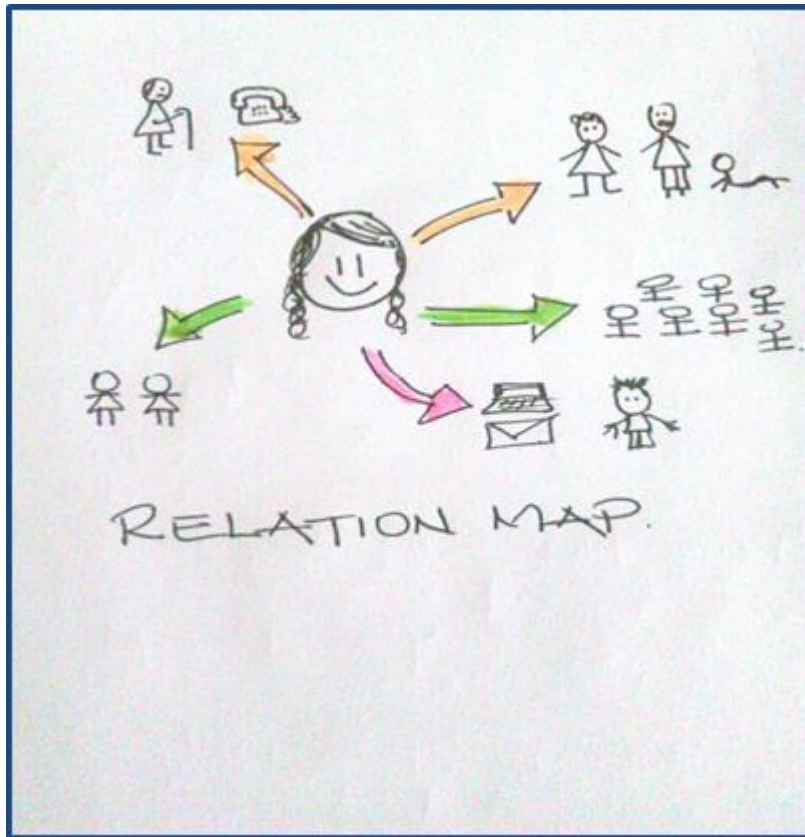
25 parents of the users of the habilitation unit.



STRATEGY AND ACTIVITIES

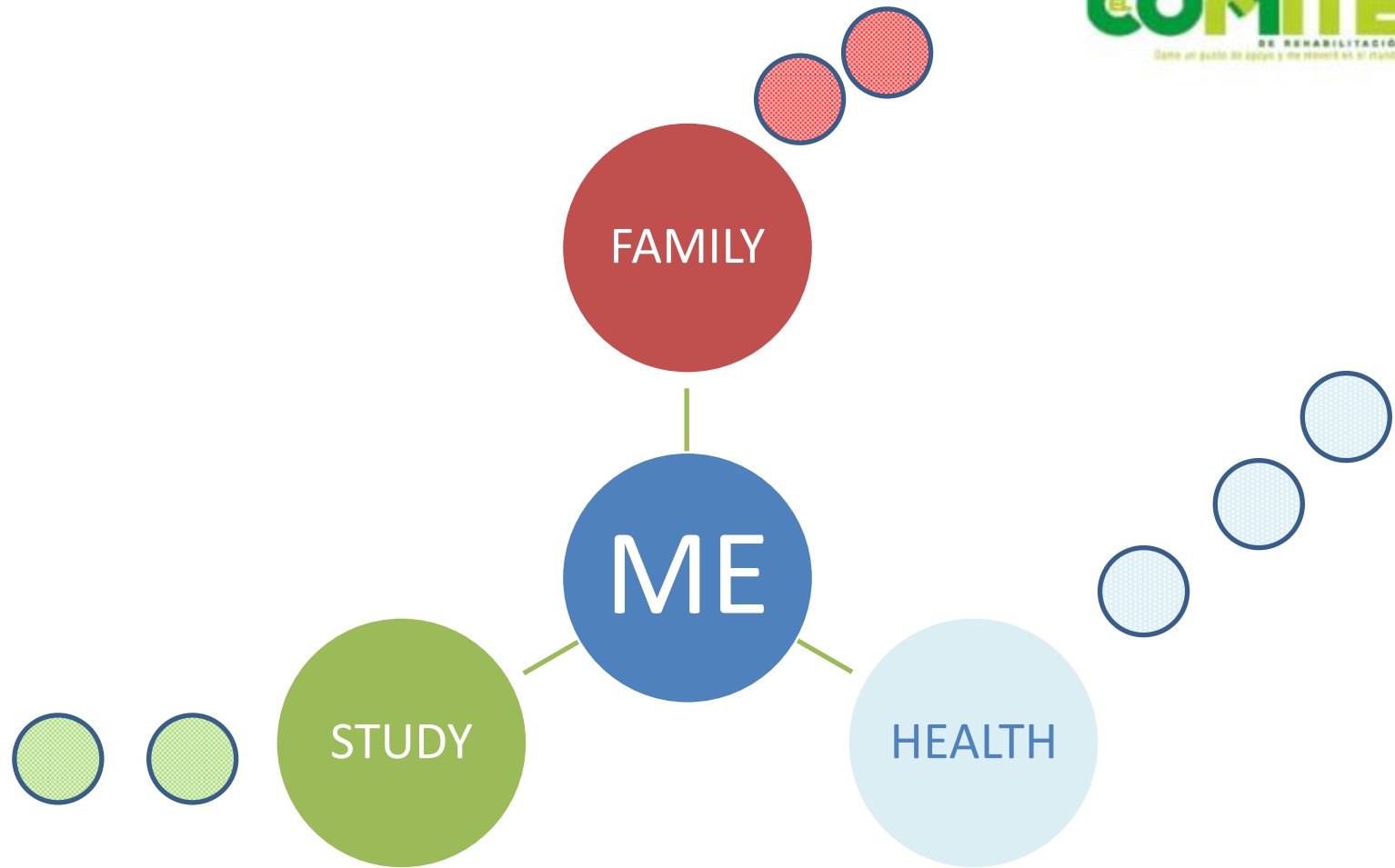


	STRATEGY 1	ACTIVITY	RESOURCES	RISK
OBJETIVE Auto Diagnosis	Analyze Children and parents's situation	Movie and discuss	Video beam facilitator	P A R T I C I P A T I O N L O W
		Daily Schedule, Relation diagram, Time line	Room , tools,Facilitator	
	STRATEGY 2	Cook Together	Food, kitchen, facilitator	
	Learn to work as a team	Support sessions	Facilitator, psychosocial team	



DAILY ROUTINE

TIME	ACTIVITIES
6-7	Stick figure on a bed, stick figure with a toothbrush, and a pair of clothes.
7-7:30	Cup of coffee, a slice of bread, and an apple.
8-12	Stick figure and a house labeled "SCHOOL", an open book, and two stick figures playing.
12:30	A house, a stick figure, a bowl of food, a glass of juice, and a toothbrush.
2-4	A globe, a school building, a stick figure, and a dog.
4-6	An open book, a television set, and three stick figures.
7-8	A cup of coffee, a plate of food, a toothbrush, and a stick figure on a bed with "Zzz" above.



STRATEGY AND ACTIVITIES



OBJETIVE Consolidation of the group	STRATEGY 3 Orientation of services in the community	ACTIVITY	RESOURCES	RISK P A R T I C I P A T I O N L O W	
	Search by groups, services in the city	Facilitator, transportation			
	Lecture by experts	Expert, Facilitator			
	STRATEGY 4 Strengthening in home plans	Workshop	Therapist: speech, occupational, special education		
	Create your own home plan	Facilitator and specialist			

Budget



- The institution has the resources: Staff and spaces for work.
- Parents should not assume extra transportation costs, since the meetings will be held at the same times as the therapies of their children.
- The calculated cost for materials is to be defined.

Monitoring

Every 5 Months, during schools vacations period.

Responsible organization /person

El Comité de Rehabilitación. Adriana Ospina Palacio.

PARENTS GROUP ENTRE NOS (BETWEEN US)

Project Period : 2018- 2021

Aim

By 2038 we will have an inclusive society and people with intellectual disabilities will be an active part of it.

Specific

By 2021 the group of parents will be formed and carrying out activities that allow them to support the process of rehabilitation of their children and find possibilities to improve their income from the community level.

MONTHS	Strategy (Method)	Activity	Person in Charge	Budget
4	Planning	Planning	technical coordination and facilitator	
5				
6				
7	Analyze children and parents situation	Movie and Discuss	Facilitator	
8		PLA Maps		
9	Learn to work as a team	Cook Together	Facilitator	
10		Support sessions	Facilitator, psychosocial team	
11	Orientation of services in the community	Search by groups, services in the city	Facilitator	
12		Monitoring by technical coordination and facilitator		
1				
2	Orientation of services in the community	Lecture by experts	Expert and facilitator	
3	Strengthening in home plans	Workshop	Therapist: physical, speech, occupational	
4		Create your own home plan	Facilitator and specialist	

Killer Assumption : During the school vacation period the process is interrupted; however, agreements can be made to continue

Monitoring :
Every 5 months during the vacation period. The monitoring activities will be done by technical coordination and facilitator.



Indicators:
Parents group established.
Parents are training children at home.
Ability of children is increasing.

Evaluation

The evaluation plan will be with the design: After – Before. Documentation made by the facilitator, parents report and by checking de Clinic history of children, whose parents participate in the program.



THANK YOU