



**Action Plan 2006**  
**Intellectual Disabilities II**  
**- Inclusion of Intellectual**  
**Disability into Community**  
**Development -**

**PANG Jee Ching**  
**Malaysia**  
**Malaysian Care**  
**Services \* People with Special Needs**



# Belief

- PWID can learn and work independently when opportunities, training and support are given to them
- PWID can speak up and make their own decisions
- Trainer/Facilitators have training opportunity in their services

# Background and Present Situation

- Lack of support system in the society
- Company is not willing to do job modification
- Employment Training Program according to Individual Training Plan
- Negotiation between private company in progress
- PWID have less opportunity to express their opinions
- PWID do not aware of their rights and responsibility in the society
- Friendship Club (Self Advocacy Group) was formed in 2003

# Background and Present Situation

- Trainers were trained to give instructions and expected trainees to follow the instructions
- Some trainers understand the importance and concept of facilitation in giving training to PWID



# Objectives

- Long Term Objectives
  - ❖ Towards A More Independent and Meaningful Lifestyle
    1. More employment opportunities for PWID
    2. PWID can be effective leaders
    3. Staff/ Trainers/ Facilitators are more competent in their services



# Objectives

- Short Term Objectives

1. A Workplace Model – Care Café

- PWID are trained to work in Café at their capacity

2. Leadership Training for PWID

- PWID are facilitated to speak up and make their own decisions

3. Workshop for facilitators

- Facilitators are equipped in training PWID





# Target Population/Area

1. Existing PWID in Malaysian Care  
Total trainees: 30 (May 2006)
    - Care Café: 5 trainees (2006)  
5-8 trainees (2007)
    - Friendship Club: 9 Exco Members
  2. PSN staff (16) in Malaysian Care & other partner organisation (4)
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# Duration & Methodology

## August – December 2006

### 1. A Workplace Model – Care Café

Care Café Concept Paper	August
Set up 3 <sup>rd</sup> Floor of Wisma Care - Asset list	August
Outsource Food List	Aug - Dec
Frequency (Mon & Tue: 10am – 2pm) Twice a month Once a week	Aug – Sep Sep - Dec
Modular Lessons for PWID - Strength and Needs of PWID	Aug - Dec

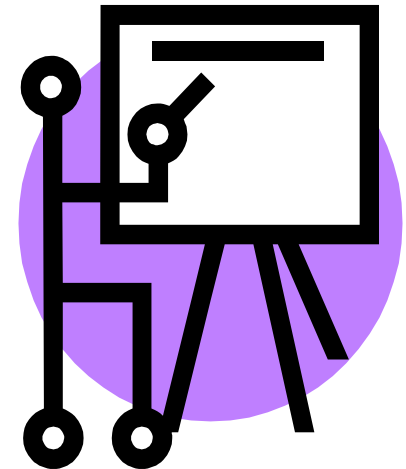


# Methodology

Modular lessons & On-the-job Training

Topics:

- i. Food Preparation & Simple Cooking
- ii. Money Management & Accounting
- iii. Customer Service
- iv. Physical Set Up & Clear Up



# Duration & Methodology

## August – December 2006

### 2. Leadership Training for PWID

Identify interest and needs of Friendship Club Exco Members of 2006/07	Aug - Sep
Share ideas with other Self Advocacy in Klang Valley	Oct - Dec
Participatory Learning Action: Focus Group Discussion Resource Diagram Seasonal Calendar Pair-Wise Ranking Mobility Map Daily Routine	Aug – Sep Oct Oct Nov Nov Dec

# Duration & Methodology

## August – December 2006

### 3. Workshop for facilitators

Outline Planning	Oct - Dec
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# Duration & Methodology 2007

## 1. **A Workplace Model – Care Café**

- 4 PWID : 1 staff run the Café
- Increase frequency

Jan – June: Once a week

July – Dec: Twice a week

- Modular lessons for PWID (new group)

## 2. **Leadership Training for PWID** (with other Self Advocacy Groups in Klang Valley)

## 3. **Workshop for facilitators**

- Monthly workshop
  - A Better Way to Work with PWID Using PLA



# Budget

Responsible Organisation: Malaysian Care



## ➤ Care Café

- Purchase new equipment RM 3000
- Minor renovation RM 2000



## ➤ Leadership Training for PWID

- Friendship Club Designated Fund (Yearly) RM600



# Threat

- Director don't agree with the Care Café.



Food Delivery Project





# Evaluation

- Possible Spread
  - ✓ PWID and staff from other NGOs in Klang Valley and other states
  - ✓ A Workplace Model for other partner NGOs
- Positive Impact
  - ✓ Employment Promotion for PWID
  - ✓ Self Advocacy of PWID
  - ✓ Staff Motivation



# Evaluation

- The capability of PWID in mastering the skills
    - ❖ Monthly staff evaluation, report & task analysis checklists
  - The effectiveness of staff's ability in practicing PLA with PWID
    - ❖ Monitoring & Evaluation
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# Towards A More Independent and Meaningful Lifestyle

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

- Galatians 6:9-10 -

**Thank you!**