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**Mexico**

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# Action Plan



**Dr. Juan Manuel Guzman Gonzalez**

**July 27, 2006**



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# **ACTION PLAN**

## **MEXICAN SOCIAL SECURITY SYSTEM**

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### **FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY**

**DR. JUAN MANUEL GUZMAN G**

## BACKGROUND

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**Mexico's social security program provides health care to formal-sector workers and their families, some 55 percent of the national population in 2005**

## BACKGROUND

### **Situation of persons with Intellectual Disabilities at the Social Security System in Mexico**

The main diagnoses which are included in ID at MSS are:

- **Mentally retarded**
- **Cerebral Palsy**
- **Down syndrome**
- **Traumatic brain**
- **Encephalopathy**

## BACKGROUND

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**Prevalence of ID in Mexico: 16.1**

**Children with I. D. who attend school: 3.8**

**Professionals responsible to diagnoses:**

- **We have 1123 Certified Psychiatrists in Mexico**
- **More than 600 work at the Social Security System**

## BACKGROUND

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### Needs

**The people from the Mexican Social Security System must have knowledge and the information to start a program for the “Rehabilitation of the People with Intellectual Disability”,**



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## **BACKGROUND**

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**What we have done**

**To establish a National Program for the  
Comprehensive Medical assistant of the PWD**

## BACKGROUND



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### Early Intervention

- In all the rehabilitation services we included this program.





## Guidelines

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# ACTION PLAN

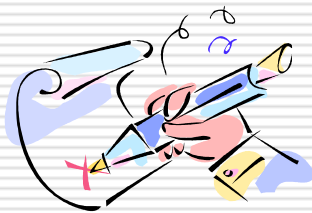
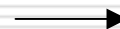
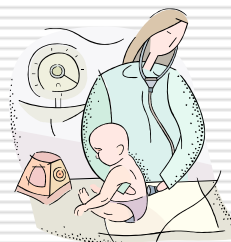
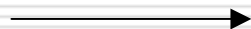
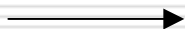






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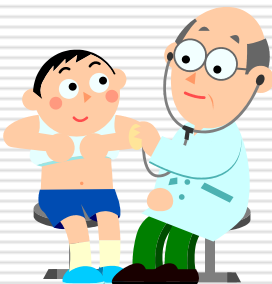
# ACTION PLAN



**Certified**

NO

YES



**Inform to the parents**

**Medical assistant and evaluation**

**Collect information**

**Ask for Appointment**

**Program Appointment**

**1<sup>st</sup> evaluation**

## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### **Objectives:**

- 1. To Organize The First National Forum to spread the information and knowledge of intellectual disability at the Social Security System in Mexico City**



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## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Population

**55 Million of people who will be assistant by  
the Mexican Social Security System**

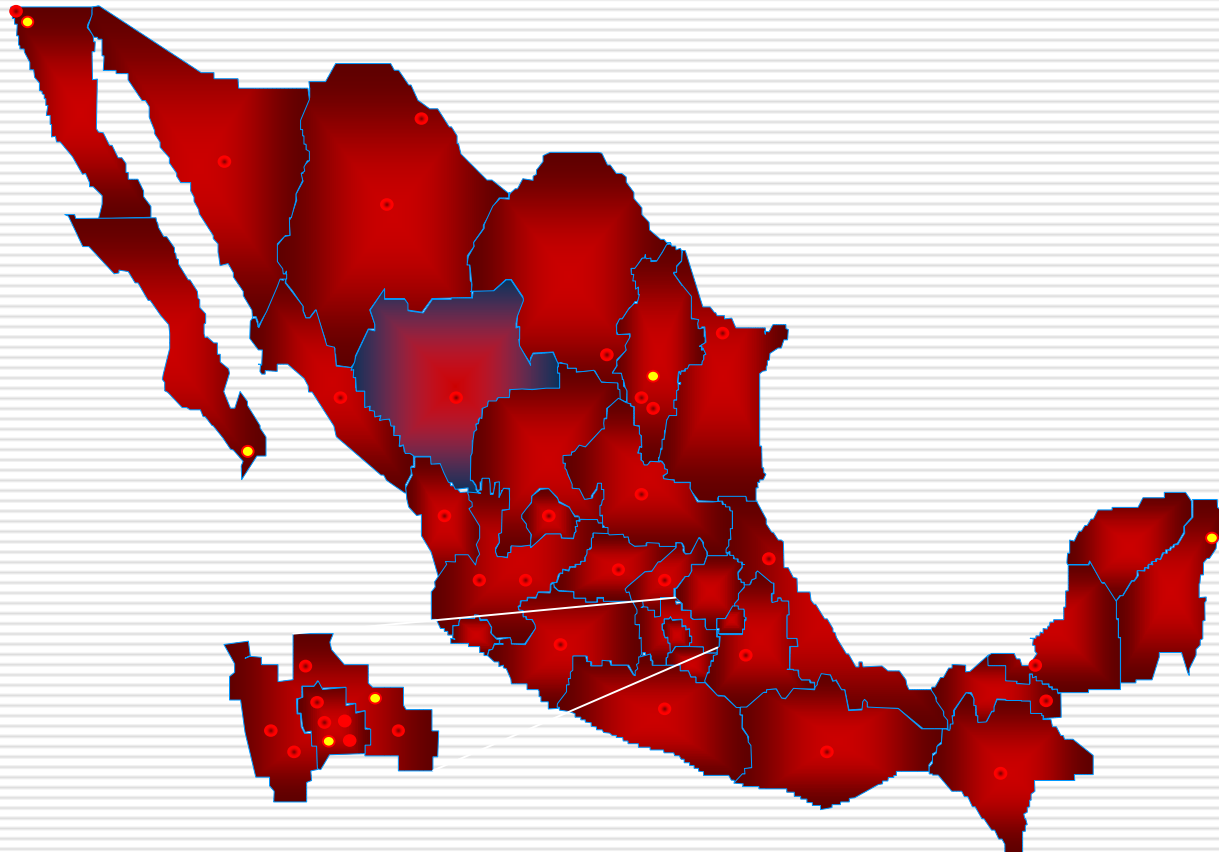


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INSTITUTO MEXICANO DEL SEGURO SOCIAL  
SEGURIDAD Y SOLIDARIDAD SOCIAL





## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### **Objectives:**

- 2. To evaluate the impact to establish a National Program for the comprehensive assistant of the PWID, at the Mexican Social Security System**

## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Short term objectives

- **To Organize The First Forum at  
The Mexican Social Security System, on  
November 24, 2006, in Mexico City.**

## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Long term objectives

- **To Organize A National Forum at The Mexican Social Security System, every year in all the delegations of the system**



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## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Target

**Most of the population of the Mexican Social Security System, must know the comprehensive approach for the PWID in our Institution.**

## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Area

**36 Delegations of the system in around the  
country**



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## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Method

**By organizing the First Forum**

## Budget

<b>Activity</b>	<b>USD</b>
Mass Media communication	10,000
2000 Booklets	500
Workshops	500
1100 Coffee break	1,000
1100 Lunch	2,000
Music	500
Work meetings	500
<b>TOTAL</b>	<b>15,000</b>



## METHODOLOGY

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- To do the program
- To invite participants
- To organize the team work
- To program work meetings
- To elaborate the survey to apply before and after the forum
- To elaborate the booklets
- To get the budget
- To do the Forum
- To get the conclusions
- To do the Following and the evaluation

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## METHODOLOGY

The main conference “Rehabilitation of the People with Intellectual Disability”, must include the actual situation of the PWID in our Institution, the barriers which have to face and the options to solve the problems.

**The workshop must be divided in three different groups:**

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**Group 1 “Actual situation of the comprehensive medical assistant of the PWID at MSS”**

**Group 2 “Barriers that PWID have to face for the comprehensive medical assistant at MSS”**

**Group 3 “To get options to solve the problems that PWID have to apply for the comprehensive medical assistant at MSS”**

## Participants:

**Physician, PM&R\*.**

~~**General Practitioner.**~~

**Physical Therapy**

**Occupational Therapy.**

**Speech Therapy**

**Social Worker**

**Nurse**

**Professionals related with the subject**

**Education Special Teacher.**

**Public Institutions**

**ONG**

**PWD and PWID and Family**

**\* Facilitator of the workshop**

## Program of the Forum

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<b>Time</b>	<b>Activity</b>
<b>8.00 – 8.30</b>	<b>Welcome to the participants</b>
<b>8.00 – 9.00</b>	<b>Opening Ceremony</b>
<b>9.00 – 9.30</b>	<b>Explain the objectives of the Forum</b>
<b>9.30 – 10.30</b>	<b>Conference “Rehabilitation of the People with Intellectual Disability”</b>
<b>10.30 – 11.00</b>	<b>Coffee Break</b>
<b>11.00 - 1.00</b>	<b>Workshop</b>
<b>1.00 - 1.30</b>	<b>Break</b>
<b>1.30 – 2.30</b>	<b>Present the results of the workshops in a session</b>
<b>2.30 – 3.00</b>	<b>Closing Ceremony</b>



# ACTION PLAN

<b>WORKSHOP</b>	
<b>Activity</b>	<b>Date and time</b>
Date	November 24, 2006
Time	11:00 am to 1:00 pm
Total time available	120 min
Facilitator	PM&R Specialist
Participants	Special guest
<b>Specific activities</b>	<b>Time</b>
1. Introduction	2 min
2. Specify the objective: "Actual situation of the comprehensive medical assistant of the PWID at MSS".	3 min
3. Select the Secretary and the person who will present the conclusions of the workshop	5 min
4. Discuss about getting the objective of the workshop and to establish the strategy to do it.	90 min
5. To do the conclusions and to present in a session.	20 min



# ACTION PLAN

PROGRAM OF THE WORKSHOP	
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# ACTION PLAN

## FIRST FORUM TO SPREAD THE INFORMATION AND KNOWLEDGE OF INTELLECTUAL DISABILITY

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### Duration

**Five years, starting right now**

## RESULTS OF THE FORUM “INTELLECTUAL DISABILITY”

Number of participants:



Institutions	NGO	PWD	PWID	Total

- Write the 10 aspects most important got in this forum.

## Sustainability

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### Opportunity

**We have the scientific support and the political decision to start the program**



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## Sustainability

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**Resources available**

**\$ 15,000 USD**



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## Sustainability

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**Possibility**

**We just started today**



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## Sustainability

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**Spread**

**To all Mexican Social Security System**

## Time table

Activity	Date
To do the program	Done
To organize and to meet with the team work	1 a month from Aug-Nov
To elaborate de survey	1 week
To do The booklets	1 month
To send invitations	1 month
To get the Budget	Done

## Time table

Activity	Date
To do the Forum	Nov 24, 2006
To get conclusions	Dec., 2006
To get evaluation results	Jan. 2007
To do the program for the national Forum	Feb – Mar, 2007



## Evaluation

### Impact

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**For the PWID and their family:**

**To get the knowledge and the information about a comprehensive medical assistant at the MSS**

**For the Institution:**

**To offer the knowledge and the information about a comprehensive medical assistant at the MSS**

## Resources

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**We have enough resources to do the  
forum by ourselves**



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## Responsible

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**Juan Manuel Guzman M. D.  
Chief of the Rehabilitation Area**



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## Organization

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**Design by the Rehabilitation Area**

# ACTION PLAN



**¡¡ PWID of the MSS will carry on the memory of JICA for ever in their heart !!**

**On behalf of my country and from my Institution**

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**Thank you very much for sharing this incredible experience with us.**



**¡¡¡Greetings from Mexico!!!**

