

Comprehensive Community Based Rehabilitation (CBR) Training for Community Workers

SUBMITTED TO:

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SUBMITTED BY:

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Ministry of Women, Children and Social Welfare,
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Trainee on: Intellectual Disabilities in Communities, 2013

Course no: J1300881



Working Area



Back ground

Introduction:

Total Area	Area: 147181 Sq.Km
Geographic Division	Himalayan 15%,
	Hilly 68% and
	Tarai 17% occurs of the total land
Administrative Division	75 Districts, 14 Zones, 5 Regions

Disability Prevalence in Nepal:

SEX	ALL	PWDs	PR%
Male	12,849,041	280,086	2.18
Female	13,645,463	233,235	1.71
Total	26,494,504	513,321	1.94

Back Ground...

Introduction...

Physical	Visual	Hearing	Deaf-Blind	Speech	Intellectual	Multiple
29.2%	22.3%	29.2%	2.4%	8.6%	6.8%	7.3%

Situation Analysis:

Latest report of 12 districts has reported that only

- ❑ 15% Persons With Disabilities(PWDs) has access to health care facilities,
 - ❑ 10 % with assistive device,
 - ❑ 56.56% are illiterate,
 - ❑ 16% children(CWD) are in regular school,
 - ❑ 24% has received Disability Identity Card and
 - ❑ 62% has no any earning job.
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Situation Analysis...

- ❑ In Nepal Community Based Rehabilitation program initiated since 1985 by (Non Governmental Organizations) NGOs.
 - ❑ Government has adopted CBR Program since 2001 and extended it in 75 districts (all over the country) since 2010.
 - ❑ Lack of knowledge of Human Resources to work on Rehabilitation, early identification and intervention, in communities.
 - ❑ In the community and district level there is few rehabilitation professional.
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Strength = Resource

- ❑ Most of districts has Disabled Person's Organizations and Some professional training organizations are available in capital city.
 - ❑ Each districts has 5 to 11 community workers under the CBR Organization.
 - ❑ Main Policy:
 - CBR Programme(Regulation) Guidelines, 2005
 - ❑ National Resource Book of Disability
 - ❑ To allocate 35% of total beget of Local Government is mandatory for the Social Security sector
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Weakness = needs

- ❑ Community worker does not work enough; most of them have **not enough skills, knowledge and attitude** about the disabilities.
 - ❑ **Lack of trained human resource** for referral and counseling service in community level.
 - ❑ Identification and categorization to PWIDs
 - ❑ To identification, categorization and rehabilitation of PWID is very difficult in Community level.
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Overall Objective:

“Inclusion of persons with disabilities in
community level”

Specific Objects: First setup to achieve the dream

- ❑ To identify all PWDs (specifically the PWID's) in communities.
 - ❑ To provide those required services and information (Comprehensive) in District and Community level for PWDs.
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Target

□ Area:

- All over the country in **75 Districts** (District and community level).

□ Target Group (Population):

- 75 Community workers. Each district one person
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Project Period

□ Aug 2013 to July 2014

Strategies:

□ To provides CBR training for community workers.

Activities

- ❑ Selection and having contract to training institute / Organization
 - ❑ Recruitment trainees: Information to all communities in all districts.
 - ❑ Selection (Entry Criteria to join in this course):
 - Nomination and **recommendation** from community
 - Minimum academic qualification is Higher Secondary.
 - Preference will be given to candidates for Persons with Disabilities, their families and parents, **underprivileged** groups, women and **participants from rural area**.
 - Nepalese citizenship
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Activities...

- ❑ 75 Community workers should get training Project period.
 - ❑ Three training programs (Episode) a year
 - ❑ Training for 25 participants per session
 - ❑ **Training Duration:** 35 days
 - ❑ **30 working days:** 6 days in a week and session hours in each day 8.00 hrs.
 - ❑ **Medium of Instruction:** Nepali and/or English language, as well as local (native) language
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Activities...

Contents of the Course

S. N.	Workin g days	Content	meth ods	place
1	1	Program Orientation	OR	SR
2	2	Assess and Identification of disability	L/W	SR
3	1	Access and identification of PWIDs	L/W	SR
4	2	Approaches of rehabilitation	L/D	SR
5	2	Assess deviation in the structure and function of body systems	L/W/O	SR
6	2	Manage Rehabilitation activities for PWIDs	L/W/O	SR
7	2	Manage Rehabilitation activities for visually impaired	L/W	SR
8	2	Improve/Correct/Reduce different types of Physical impairments of person with physical disability	L/W/O	SR
9	2	Field visit	O	Care C
10	1	Government Policies & Plans	L/w	SR

Activities...

Contents of the Course...

10	1	Government Policies & Plans	L/w	SR
11	2	Increase Voice/Speech function/Sign Language of Persons with Voice/Speech Impairments	L/E/W	SR
12	2	Manage Mentally Ill Persons Facilitate Social Communication/Awareness	L/E/W	SR
13	2	Counseling Services to PWDs	L/E/W	SR
14	1	Opportunity for Education/Training/ Employment to PWDs	L/E/W	SR
15	2	Manage Assistive Devices	L/E/W	SR
16	2	Advocacy/Documentation/Referral services	L/E/W	SR
17	1	Review/Monitoring	D	SR
18	1	Q&A/Evaluation	D/E/W	SR

Note: L=Lecture, E=Exercise, W=Workshop, D=Discussion O=Observation, Or=orientation

Budget (Resource):

One month Residential Training cost, Per Person NRs.30,000/75per(Foods and Hotel Accommodation)	22,50,000
Resource Persons fee 8000x 30 days	2,40,000
Stationeries resource materials (Per person 2000 x 75)	1,50,000
Miscellaneous (Reporting and Communication)	50,000
Documentation, Monitoring and evaluation	50,000
Field Visit 2 days x 30,000.	60,000
Total NRs.	28,00,000
Central Government Contribution	14,00,000
Contribution From others (Local government, Municipality, Village Development Committee and Community/CBR contribution: 8666/75per.)	14,00,000

Responsible Org., Agency, Person

Central level:

- For Begetting and Monitoring & Evaluation: Ministry of Women Children and Social Welfare, Govt. Nepal
- Rabindra Prasad Acharya, Section officer, Disability desk In-charge, Ministry of Women Children and Social Welfare.
- For Training: Training providing organization
- Training coordinator

District level responsible bodies:

- Women and Children office: Women and Children officer
 - Social Welfare Officer
 - Communities, Partner Disabled Persons' Organizations
 - CBR Program Implementing bodies: president of the organization (CBR Originations)
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Time Schedule

Three times in a Year

Quarterly based

(12 Months / 4 Months = 3 Trainings)

.....Time Training	Aug, Sep, Oct, Nov.	Dec, Jan, Feb, Mar.	Apr, May, Jun, Jul
25 Trainees	1st. Phase		
25 Trainees		2nd Phase	
25 Trainees			3rd Phase

Total Numbers of trainees: 75 Community workers

Killer Assumption

- ❑ To delayed releasing budget
- ❑ Resource constraint (lack of adequate resource)
- ❑ Draining (Retention to the trainees/Workers)

Over comes:

- ❑ Project should be extended for Next Year, by Govt. funding
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Monitoring

Central level,

- ❑ Ministry of Women Children and Social Welfare, Government of Nepal
- ❑ Training providing organization

In Local level,

- ❑ Local Monitoring by District office of Women Children and Social Welfare, CBR-District Coordination & Monitoring Committee .
- ❑ Monitoring of Community workers (As Mention in the CBR guidelines)

Indicators:

- ❑ Attendance in Training Period
 - ❑ Performances of trainees during the training episode and after the training
 - ❑ Numbers benefices in community
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Documentation

- ❑ Reporting of Training by training organization. (responsible)
 - ❑ Reporting of Local activities (and performances of the Community Worker) after training: Women and Children office/Partner DPOs and communities are responsible
 - ❑ Media (Electronics, Print)
 - ❑ Attendants list and Training Reports by training provider organization.
 - ❑ Materials AND Handouts (Posters, pamphlets, Booklets and Books)
 - ❑ CD-ROM (Movies and Soft copies)
 - ❑ Certificate of the participation.
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Evaluation

(WHO, When, How.....Before/ After, Target/another)

- ❑ Evaluation what different does it make on going training period and after the project?
 - Who:
 - Ministry of Women Children and Social Welfare, Government of Nepal
 - Resource Centre for Rehabilitation and Development, Nepal
 - ❑ When:
 - Ongoing: In the training period (by 3/year)
 - After the project: After the training (Once a year)
 - ❑ Indicators:
 - Attendance in Training Period (75 CW)
 - Numbers benefices in community (CW in Community)
 - Succession of the project
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JAYA NEPAL !! Thank You



PHEWA Lake in Pokhara City,
Nepal

Any Queries ?

