

ACTION PLAN

- Srinivas Nallan Chakravarthi

INDIA

PROJECT

Development of village level
service model for rehabilitation of
PWID

PHILOSOPHY

People with intellectual disabilities should have access to basic services like identification, education, therapies, vocational training and placement and independent living in the society and should be enjoying the life to the fuller extent possible.

NEED

In India there are services for the ID in big cities and towns. To reach the rural population various community based rehabilitation services are implemented through out the country by Government and Non-Government agencies. Still there is huge population in the rural areas, to whom the basic services do not reach. In comparison with other disabilities ID are the one which are less identified and managed. So there is a need for implementing this kind of project to reach the majority of population in the rural areas.

Setting objectives/goals

Long term: To implement village level service model for the PWID in one district.

Short term: To implement village level service model for the PWID in one mandal of the selected district.

Method

In India there is a good system of grass root level workers (grlw) in all of the districts of the different states. These grlw go to each household in the villages and provide basic medical and educational training to the population. These grlw are used in immunisation activities, educational activities and different surveys carried out by the Government. These grlw can be of immense help in the proposed project. These grlw are supervised by supervisors who are well trained in the activities as mentioned above. All these personnel are employed by the respective state governments.

It is proposed to use this system of workers in the present project. Each district is divided into different mandals for administrative purposes. Each mandal consists of 20-30 villages. Each village has 2-3 grlw working. For 8-10 grlw there is a supervisor. So each mandal consists of 60-70 grlw and 6-7 supervisors. On average there are 80 households in each village and around 500 population. So around 150 PWID of the mandal can receive basic rehabilitation services through this project.

It is proposed to first develop a manual for training in identification and management of basic services for PWID in 8 months. Then the supervisors would be trained in identification and management of basic services like education, therapies, vocational trg. / placement, marriage issues and independent living skills for PWID and also on empowerment of the community members for one month. All this would be done at NIMH.

Later the supervisors would train the respective grlw in the identification and management of PWID for three months. The grlw would in turn implement the services in the village level and also train the parents in managing the PWID and empowering the community members. Supervisors would supervise their work and help. Monetary incentives will be provided to the supervisors and grlw for their work in the project.

By six months at least 75% of the ID in the mandal should be identified. By next six months at least 75% of PWID in the mandal should be receiving the basic services of management.

RESOURCES

Period for setting up: 2 years

Personnel: 1 RO and 1 RA

Faculty from NIMH for trg. Supervisors

Facilities: Infra structure for training and equipment like OHP, SP, computer.

Funding: NIMH

Salary of RO: Rs.10,000 x 24 m = Rs. 2,40,000

Salary of RA: Rs. 6000 x 24 m = Rs. 1,44,000

Incentives to Supervisors

and grlw: = Rs. 1,00,000

Printing of manual: Rs. 1,00,000

Miscellaneous: Rs. 16,000

TOTAL

Rs. 6,00,000/-

| Narrative Summary | Objectively Verifiable Indicators | Means of Verification | Important assumptions |
|--|---|---|--|
| <p>Overall Goal</p> <p>1. PWID in X mandal have basic rehabilitation services</p> | <p>1. 75% of PWID of X mandal have basic rehabilitation services</p> | <p>1. Survey of X mandal and collection of data on identification and management of PWID</p> | |
| <p>Project Purpose</p> <p>1. PWID in X mandal identified</p> <p>2. PWID given basic services in education, therapies, vocational trg./placement, marriage counseling, trg. In IL skills</p> | <p>1. 75% of PWID in X mandal identified</p> <p>2. 75% of PWID in X mandal managed for basic services in education, therapies, vocational trg./placement, marriage counseling and trg. In IL skills</p> | <p>1. Record books of supervisors and grlw are verified for number of PWID identified</p> <p>2. Record books of supervisors and grlw are verified for number of PWID receiving services</p> | |
| <p>Out puts</p> <p>1. Preparation of a manual on identification and management to be used for training</p> <p>2. Supervisors are trained in identification, basic management and referral aspects</p> <p>3. Grlw are trained by supervisors in identification, basic management and referral aspects</p> <p>4. Grlw identify PWID in the villages</p> <p>5. Grlw implement basic management for PWID in the village and do referrals when ever necessary</p> | <p>1. By 8 months a comprehensive manual on identification and management of PWID is prepared</p> <p>2. By one month all the supervisors of X mandal receive training in identification and management of PWID</p> <p>3. By 3 months all the grlw are trained by supervisors for identification and basic management of PWID</p> <p>4. By 6 months 75% of PWID of the mandal identified</p> <p>5. By 6 months 75% of PWID start receiving basic management services</p> | <p>1. Verification of manual for its content</p> <p>2. Verification of knowledge of supervisors by practical assignments</p> <p>3. Verification of knowledge of the grlw by practical assignments</p> <p>4. Verification of record books of supervisors and grlw</p> <p>5. Verification of record books of supervisors and grlw</p> | <p>* State government agrees to spare the services of supervisors and grlw</p> <p>* Supervisors and grlw agree for training and implementation</p> |

| Activities | Inputs | Pre-conditions |
|--|--|--|
| <p>1.1 A manual regarding identification & management of PWID in basic education, therapies, voc.trg./pl, marriage counseling, trg. IL skills and referrals prepared</p> | <p>Location: X mandal of Y district in INDIA</p> | |
| <p>2.1 Supervisors are trained for one month at NIMH</p> | <p>Funding and Implementing agency: National Institute for the Mentally Handicapped, Ministry of SJ & E, Government of India</p> | |
| <p>2.1.1 trained in identification of PWID</p> | <p>Personnel: One Research Officer (Coordinator)</p> | |
| <p>2.1.2 trained in education of PWID</p> | <p>One Research Assistant</p> | <p>Labor union of supervisors and grass root level workers does not oppose the work in the project</p> |
| <p>2.1.3 trained in therapies for PWID</p> | <p>Faculty staff from NIMH during training period of one month</p> | |
| <p>2.1.4 trained in Voc.trg./placement of</p> | <p>to supervisors for training the supervisors</p> | |
| <p>2.1.4 trained in marriage counseling for PWID</p> | <p>Facilities: Infrastructure for training at NIMH</p> | |
| <p>2.1.5 trained in making referrals</p> | <p>Equipment like OHP, SP, Computer and stationery</p> | |
| <p>3.1 Grlw are trained by supervisors for 3 mts</p> | <p>Cost / Funds:</p> | |
| <p>3.1.1 trained in identification of PWID</p> | <p>Salary of Research Officer: Rs. 10,000 x 24 months = Rs. 2,40,000</p> | |
| <p>3.1.2 trained in education of PWID</p> | <p>Salary of Research Asst.: Rs. 6000 x 24 months = Rs. 1,44,000</p> | |
| <p>3.1.3 trained in therapies for PWID</p> | <p>Incentives to supervisors and grlw: Rs. 1,00,000</p> | |
| <p>3.1.4 trained in Voc.trg./placement of PWID</p> | <p>Printing of manual : Rs. 1,00,000</p> | |
| <p>3.1.4 trained in marriage counseling for PWID</p> | <p>Stationery and miscellaneous: Rs. 16,000</p> | |
| <p>3.1.5 trained in making referrals</p> | <p>TOTAL</p> | |
| <p>4.1 grlw identify the PWID in their respective villages by house surveys and using questionnaires provided in the manual in 6 months</p> | <p>Rs. 6,00,000/-</p> | |
| <p>5.1 grlw start providing basic management services in education, therapies, voc.trg./placement, marriage counseling and referrals where ever necessary</p> | | |

Plan of operations

| Activities | Expected results | Schedule | Person in Charge | Implementer | Materials & equpt. | Cost | Remarks |
|---|---|-----------------------|------------------|---|---|--------------|--|
| 1. Preperation of manual for trg. | Manual will be followed for trg. and reference while implementation | 8 months | Research Officer | Research Asst. | Stationery, Questionnaires, Books of reference and Printing | Rs. 1,16,000 | Printed manuals will be given to supervisors and grlw for their future reference |
| 2. Supervisors are trained at NIMH in identification & management of PWID | Supervisors gain Knowledge to Train grlw and to Implement the project | 9 th month | Research Officer | Faculty of NIMH Research officer Research Asst. | Infrastructure for Training, OHP, SP, Computer | Honorariums | No delay in the training |
| 3. Grlw are trained by supervisors | Grlw gain knowledge to Identify and Manage PWID In the village | 10,11,12 months | Research Officer | Research Asst. Supervisors | Infrastructure for Training, OHP, SP, Computer | Honorariums | No delay in the training |
| 4. Grlw identify PWID in their villages | 75% of the PWID Will be identified | 13 to 18 months | Research Officer | Supervisors Grlw Research Asst. | Printed training manuals | Honorariums | No delay in the identification |
| 5. Grlw start basic services for PWID in the village | PWID will have basic management services in the village level | 19 to 24 months | Research Officer | Grlw Supervisors Research Asst. | Printed training manuals | Honorariums | No delay in the Starting of services for PWID |

Monitoring

1. At 6th month of initiation of project to check the contents of the manual and to modify the contents
2. At 7th month to check the final version of manual before printing
3. At 9th month to check the efficacy of training to the supervisors
4. At 12th month to check the efficacy of training to the Grlw
5. At 16th month to check the identification results
6. At 21st month to check the management services implemented by supervisors and grlw

Evaluation

1. Midterm evaluation at 8th month to check the efficacy of manual
2. Midterm evaluation at 12th month to evaluate the efficacy of the training to supervisors and grlw
3. Midterm evaluation at 20th month to evaluate the efficacy of identification and initiation of management services
4. Pre-post term evaluation at 23rd month to check the results being obtained
5. Post term evaluation after completion of the project at 24 months or after to evaluate the results and out comings of the project to guide for future projects