

**JICA TRAINING AND DIALOGUE PROGRAMS
INTELLECTUAL DISABILITY IN COMMUNITY ACTIVITY**

JFY 2011

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PROGRESS REPPORT

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The Title of Project : “Light Of Future”

Background :

NASOM Bandar Puteri it's a centre for vocational training for teenager and adult autistic people. Recently, this centre have 28 student and the services given now its packaging, doing laundry, serving food, and art& craft. Before, we have service in doing bakery and sell our cookies. Unfortunately because of some problem, the operation of bakery have to stop. For Laundry, the company who are have a contract with us suddenly close because of lack of customer. Among 29 students most of them its around 16 – 28 years and none of them graduated from this centre. As a vocational centre, our purpose it's to give them vocational training, so in future they can get a job. In this centre we also have services for residential. Recently, we have 13 student live in this residential (1 Group Home + 3 Residential).Other 16 students from this centre is live with their parents house, but in the future most of them maybe have to live in this residential. Because of our students become old time by time, so we really need that our students can live independently which mean they can take bathe by themselves, can do housing work, and do anything by themselves without caretaker 24 hours with them because we are life long service to them.

Project Period:

- Long Term : 10 Years (2021)
- Short Term : 4 Years (2015)

TARGET POPULATION

- JOB PLACEMENT : 28 students in NASOM Bandar Puteri Vocational Centre.
- INDEPENDENT LVING : 11 among 13 student who live in residential area

TARGET AREA

- NASOM BANDAR PUTERI, KLANG, SELANGOR

LONG TERM OBJECTIVE

- 18 graduated students get employment in variety sector.
- 21/28 of students can live fully independently without caretaker.
- 11/13 of students in residential is fully independently

SHORT TERM OBJECTIVE

- 7 graduate students get employment.
- 5/13 students live in residential can live fully independently.

STRATEGY 1 : JOB PLACEMENT

Activity 1 : JOB MAP

Strategy	Activity	Period	Person In Charge	Cost	Target Resource
MAP JOB MARKET	Identify demand of market Field Visit / Make Call Discussion	1 Month 2 Month 2 Month	Person In Charge of Operation Head Manager Vocational Coordinator	Transport	<ul style="list-style-type: none"> • Giant Hypermarket • My din • Carrefour • Convenient Shop • Toilet Public • Advertisement Company

Activity 2 : VOCATIONAL TRAINING

Strategy	Activity	Period	Person In Charge	Cost	Students Involve
Bakery/Café Shop	Workshop for Teacher Training skills for students	2 Month 1 Year	Person In Charge of Operation Coordinator Teacher	- Ingredient	5
Laundry Services	Washing , Drying, Folding, Packing, Delivery	All Year	Coordinator Teacher	Detergent	3
IT/OFFICE JOB	raining students for input Data/ Typing, Photostat, Organize file	1 Year and Half until 2 year.	Coordinator Teacher	- Paper -	5

				Ink	
FACTORY JOB/ JOB COACHING	Find Out Factory Find Out Job Coaching Workshop Training	2 Month 3 month 1 year and half	Person In Charge of Operation Head Manager Vocational	- Transport	5
MARKET TRAINING	Packaging Card Recycling Folding Advertisement	All Year	Coordinator	None	11

STRATEGY 2 : INDEPENDENT LIVING

Activity 1 : Daily Living Training

Activity	Period	Person In Charge	Cost	Students Involve
Folding clothing	Every day	Warden Teacher	None	13
Tidy room	Every morning	Warden Teacher	None	13
Grooming	1/ week	Teacher	None	13
Cleaning toilet	Once in 2 days	Warden Teacher	Detergent	13

Cooking and making drink. - Cooking rice - Making tea / milo	Dinner time	Warden Teacher	Rice Tea / milo	2 student in each day
Marketing skills	1/ week	<ul style="list-style-type: none"> • Warden • Teacher 	USD1.5 /person (parents)	BY group according to house group
Transportation skills - Train Training	1/ week	Warden Teacher	USD1.5/ person (Parents)	2 Student in one trip

KILLER ASSUMPTION

- Lack of Staff to cover all program.
- Difficulty to deal with company for made a contract to employed PWID.
- Occur Changing in Management
- Get cooperation with parents

EXPECTED OUTCOME

- Café would be open to public after 4 years and students who are work in this café get a salary by a running a café.
- In short time, students in NASOM Bandar Puteri can graduate and get a job.
- Most of our students can live independently especially when they already get a job.

EVALUATION

- To be make sure this project its ongoing in time and become successful, it be evaluate by the report from person in charge in each program
- In this report, we have a checklist in each training given to student.
- In the end of report, the checklist will be count and the result will be compared how the progress of student doing a task and also evaluate the program before and after training.

SUSTAINABILITY AND COPY

Be copied by other two vocational centre under NASOM and also other vocational centre around Malaysia

PROJECT PROGRESS.

- After returning from the Decent Work Course training (from 7/06/11—6/08/11), I was been ask to be share with my teacher the experience and Person In charge of Operation for what i was getting during training in Japan on 11 August 2011.
- On 13 August 2011, make a workshop for teacher to teach some product and material from what i learn from training to teach to our student.
- On August, after comeback from training, i was make a survey by internet, and advertisement to find a company employed PWID.
- Starting from September, we get a call and also get a contract from other company and NGO to our student to be employed.
- From that our manager for vocational and person in charge of operation make a meeting with them.
- Mid of September we send about 2 of our student out from centre to work at other place for cleaning. However because of some problem, we need to stop to send them going to work out at that place.
- Otherwise, we also send 1 student to be training at convenient shop at petrol station. This program is still continue until now.
- In meantime, we also train our student to clean the place everyday and also we send some of student to clean NASOM therapy centre at behind our centre once a week.
- On December, all our teacher with other teacher in NASOM have to attend a course provide by NASOM to give them a proper managing teaches to our student based on NASOM program.
- However, on November i was been transfer as Psychologist and now this Vocational Centre of Bandar Puteri being conducted by new coordinator. However, this program and plan will be continue by new coordinator and be supervise by person in charge and manager vocational centre.
- Being transfer in new position, i was plan a new action plan to support PWID. The purpose of and a detail for this new action plan is:

Purpose : Multidisciplinary team (outside supporter for PWID)

Title Project : “Rising sun of Beautiful World”

Project Period : 5 Year (Long Term) , 3 Year (Short Team)

Target Population : PWID who live at rural area in Selangor

Target Area : Village and rural area in selangor (Pulau Ketam, Hulu Selangor & Sabak Bernam Province)

Short Team Objective : To provide PWID who live in rural area with intervention programs.

Long Term Objective : PWID who live in rural area can survive himself and getting support by community.

Background :

PWID in Malaysia is still not very common if we compared with others disorder or illness. However, recently issues of PWID getting attraction from community when some press through televisyen or newspaper create a story or news about PWID. For NASOM, we have three service centre to provide PWID a therapy for managing their behavior and others functional skills and time by time we increasing in getting a call from parents who want to make assessment for their children and also to get information about PWID. However, our service centre being build in urban area (Klang Valley) only, so is give a limitation for other PWID to get intervention and therapy who live in rural area. For PWID in rural area usually being neglected by community and community also not familiar with them and by that PWID just staying at their home without any proper intervention.

STRATEGY :

- 1) Find and Build a team who will helping together in the project.
- 2) Survey a rural area who being targeted as a project place.
- 3) Plan a project for intervention program:-
 - a. The activity will be provide is taught self help skills, elementary academic and learning skills and given educational therapy to help them cope and overcome their inherent deficits and disorders.
 - b. Make PLA program excercise for community to be involve with PWID for them become awareness with PWID in their place.
- 4) Promoting Self awareness to community for PWID by Campaign, Flyers, or Exhibition.

Killer Assumption :

- **Limitation Language** : Some community in place being targeted as project place using their own language and dialect.
- **Lack of support by community**

Evaluation :

Using a Data Sheet and Check list for PWID Progress “ Before and After”.

Being Monitoring the program once in three month.

Expected Outcome

PWID in rural area getting intervention and can live independently. The community also being used to support PWID.

Sustainability and Copy

This program will be copy by other team who have specialist to provide intervention program and teach PWID in other area or province in Malaysia.

PROGRESS REPORT (FROM DECEMBER 2011 UNTIL FEBRUARY 2012)

- 1.) On Mid December, Have a meeting with my co worker and present action plan to them and asking them to join me to provide a team for PWID project in other area. Now our team is have 3 people (me and other two Occupational therapy in my working place)
- 2) Starting to survey a place by internet and also by interview our klien who live in rural area. Our first project will be starting at Pulau Ketam.
- 3) On January, Having a meeting with other specialist in NASOM (Psychologist and OT) to joining a program.
- 4) On February, Joining Yayasan Salam as volunter and having a meeting with them to getting a support and cooperation from their organization. Yayasan Salam is non profit organization who provide a volunter for helping people in any casses and platform. Yayasan Salam also successfully in doing their project made by volunter. Some the program being successful is build mini library at 2 vilage in rural area, and provide street education to poor children or street children.