



# PROJECT REPORT

PARENTS GROUP

**Entre nos... (between Us)**

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## BACK GROUND

**El Comité de Rehabilitación** promotes and implements rehabilitation services for people with disabilities. We develop, administer, and promote rehabilitation programs and trainings in order to help people with disabilities achieve their social, family, educational, and employment goals.

## **Mission:**

El Comité de Rehabilitación is a social enterprise committed to the improvement of life of people with disabilities. We help them to develop their independence, autonomy and participation.



## **Vision:**

El Comité de Rehabilitación will built a more inclusive society, by working with people with disabilities, their families, strategic partners, social actors and other stakeholders.

## **Entre Nos... Between us**



### **Long Term Objective**

By year 2038 we will have an inclusive society and people with intellectual disabilities will be an active part of it.

### **Short Term Objective**

By year 2021 the group of parents will be formed and carrying out activities that allow them to support the process of rehabilitation of their children and find possibilities to improve their income from the community level.

## Target Area

Habilitation Unit of El Comité de Rehabilitación.  
Medellín- Colombia

## Target Population

25 parents of the users of the habilitation unit.



## Situational analysis

### Strength



- Parents who know the needs of their children.
- PWID who are already included in habilitation and rehabilitation programs.
- PWID have had access to training and job training programs.
- PWID regular schools, where they socialize with others.
- Some participate in sports and recreational activities.

## Situational analysis

### Weakness



- Low income.
- Unemployment
- Parents need training for employment and entrepreneurship.
- Lack of time to follow at home the recommendations.
- Low levels of participation in the community.
- Parents with downtime due to waiting time in therapies.
- Low levels of participation in activities of the institution

## OPPORTUNITY



- Promote associated work between parents and people with disabilities.
- Create family businesses, for example: homemade shop, making snacks, sewing shop.
- Improve permanence in the education system.
- Achieve greater levels of independence and autonomy



## THREAT



- Low motivation of parents to work in the process.
- Lack of job opportunities for people with physical and intellectual disabilities.



## 2018

The socialization of the Action Plan was initially carried out with the directives of the institution and the area coordinators. During the socialization situations were identified that merited some changes to execute the plan.

Socialization was carried out with professionals from the psychosocial area of the habilitation and rehabilitation units.

Personnel are requested to identify families that can be part of the process and be informed to make the corresponding invitation. This process was unsuccessful.

Due to changes at de NGO, it was necessary to work with other groups of parents, and open the call for rehabilitation units.





- The population served is mostly PWID, belong to the strata 1 and 2. Mainly Families have difficulties to generate enough income that allow access to public services like water, electricity and gas, food, education and employment.
- The families of our users are in many cases single-parent, usually the mother is head of the family, some times they work per days in cleaning activities, kitchen and general trades.
- In cases where both parents work, the users are usually in charge of another family member, such as grandparents .

- Public education: basic primary and secondary are free, but parents must pay for school materials and transportation.
- El Comité de Rehabilitación through the social fund, assigns subsidies for transportation, in order to guarantee access to the rehabilitation service.

**Those are some of the reasons because is understandable how families cannot always meet basic needs and parents are solving situations that limit their participation in user processes.**



## STRATEGY AND ACTIVITIES



	STRATEGY 1	ACTIVITY	RESOURCES	RISK
<b>OBJETIVE</b>  <b>Auto Diagnosis</b>	<b>Analyze Children and parents's situation</b>	Movie and discuss	Video beam facilitator	P A R T I C I P A T I O N
		Daily Schedule, Relation diagram, Time line	Room , tools, Facilitator	
	STRATEGY 2	Cook Together	Food, kitchen, facilitator	
	<b>Learn to work as a team</b>	Support sessions	Facilitator, psychosocial team	

## STRATEGY AND ACTIVITIES



OBJETIVE  Consolidation of the group	STRATEGY 3	ACTIVITY	RESOURCES	RISK
	Orientation of services in the community	Search by groups, services in the city	Facilitator, transportation	P A R T I C I P A T I O N
		Lecture by experts	Expert, Facilitator	
		STRATEGY 4	Workshop	
	Strengthening in home plans	Create your own home plan	Facilitator and specialist	

**Difficulties:** Work teams with labor processes that demand a lot of time and make it difficult to focus on other tasks.

Change of personnel in the psychosocial area of the units, which makes it difficult to maintain continuity in the information and therefore in the call.

Administrative and program changes attended by ICBF (Welfare) users that involved taking time before resuming, as the staff was attending other activities.



## 2019

From the Director there is a free way to **resume** the action plan and a meeting is held with the social worker , coordinator of the social fund and who is designated by the management as the person who will monitor compliance with the action plan.



A group of mothers of the Educational Needs program had been identified, they remain in the institution while their children attend the rehabilitation process, they were already formed as a group, with the idea of promoting an occupational initiative and entrepreneurship. They are the women who are now part of this Action Plan.



## NOW

We have a meeting once a month, two hours to develop the subject according to the planner.

Up to now we have had 5 meetings

We have a whatsApp group to keep in contact about the activities and meetings.

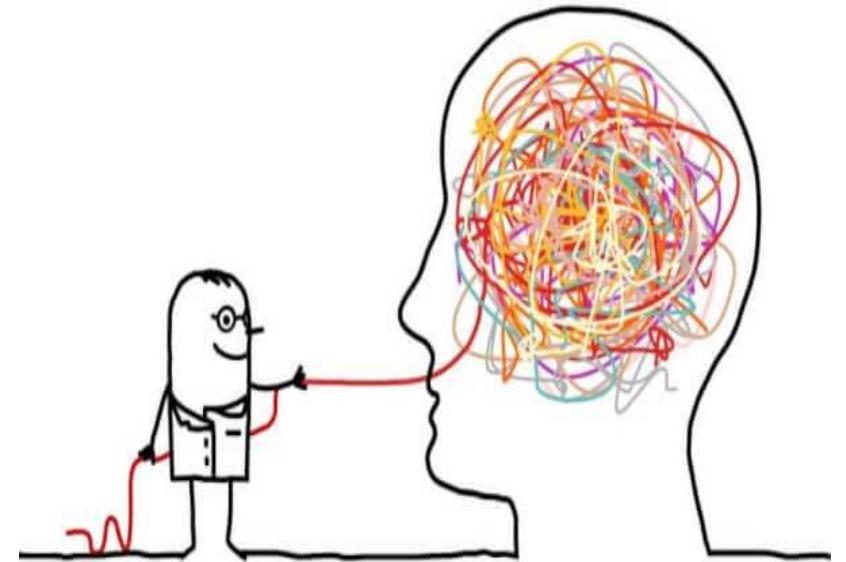


STRATEGY 1	ACTIVITY	RESOURCES
Analyze Children and parents' situation	Movie and discuss	Video beam facilitator
	Daily Schedule, Relation diagram, Time line	Room , tools, Facilitator

During the meetings I found that mothers has a need to talk about them selves , to express their own fears and feelings about the future of their children and their owns lives.

It is really important to listen them because the system is focuses in the medical an educative needs of the child , but parents mostly are set aside.

This might be a new objective to work in the future, to give parents a place to talk, as support group.





Although things are not always as planned, the important thing is to stay on **purpose**

